



Liezen, 22. November 2017

Immer wenn in die Gerinnung eingegriffen werden muss Aktuelles und Neues aus der Wissenschaft

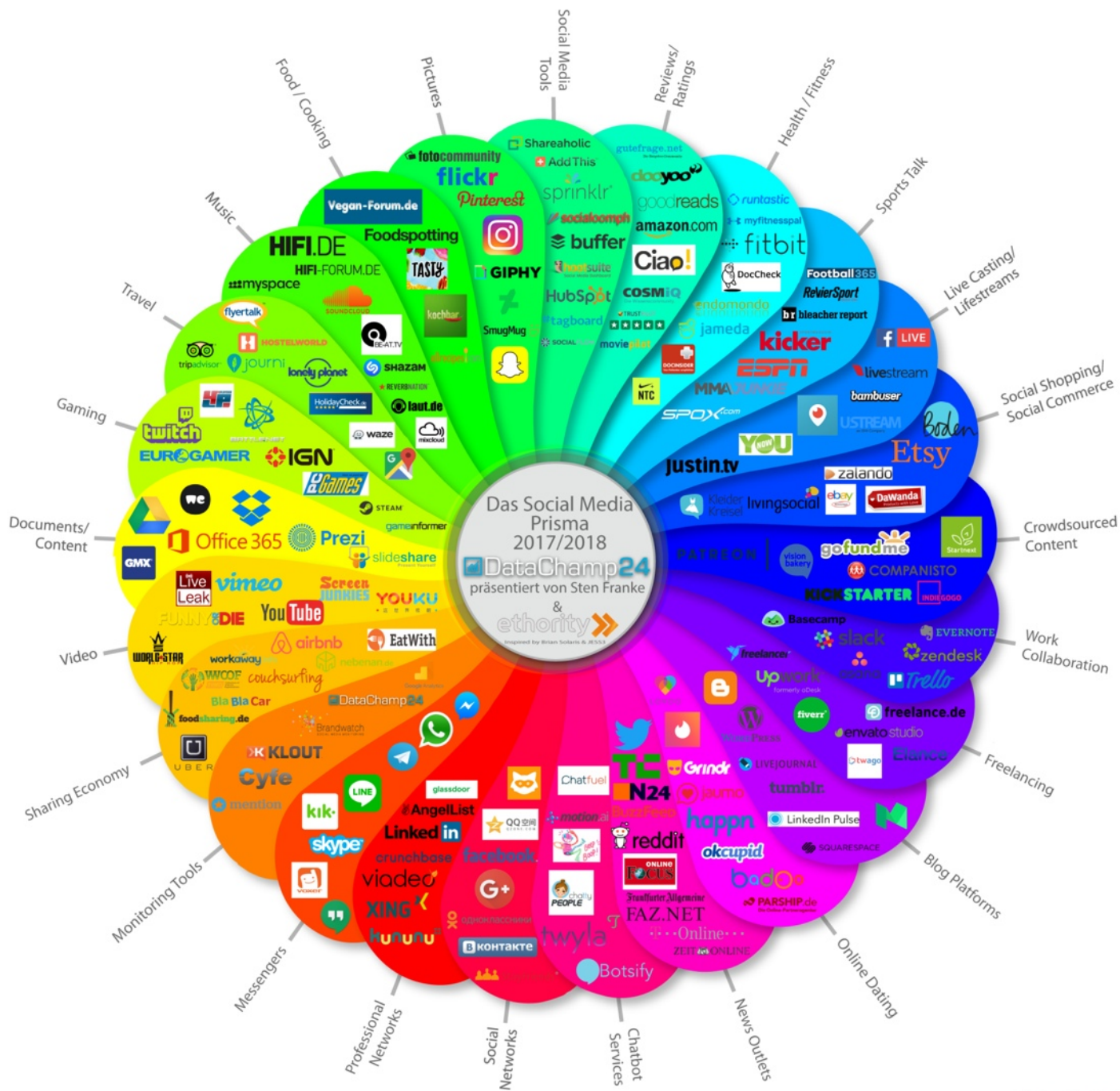


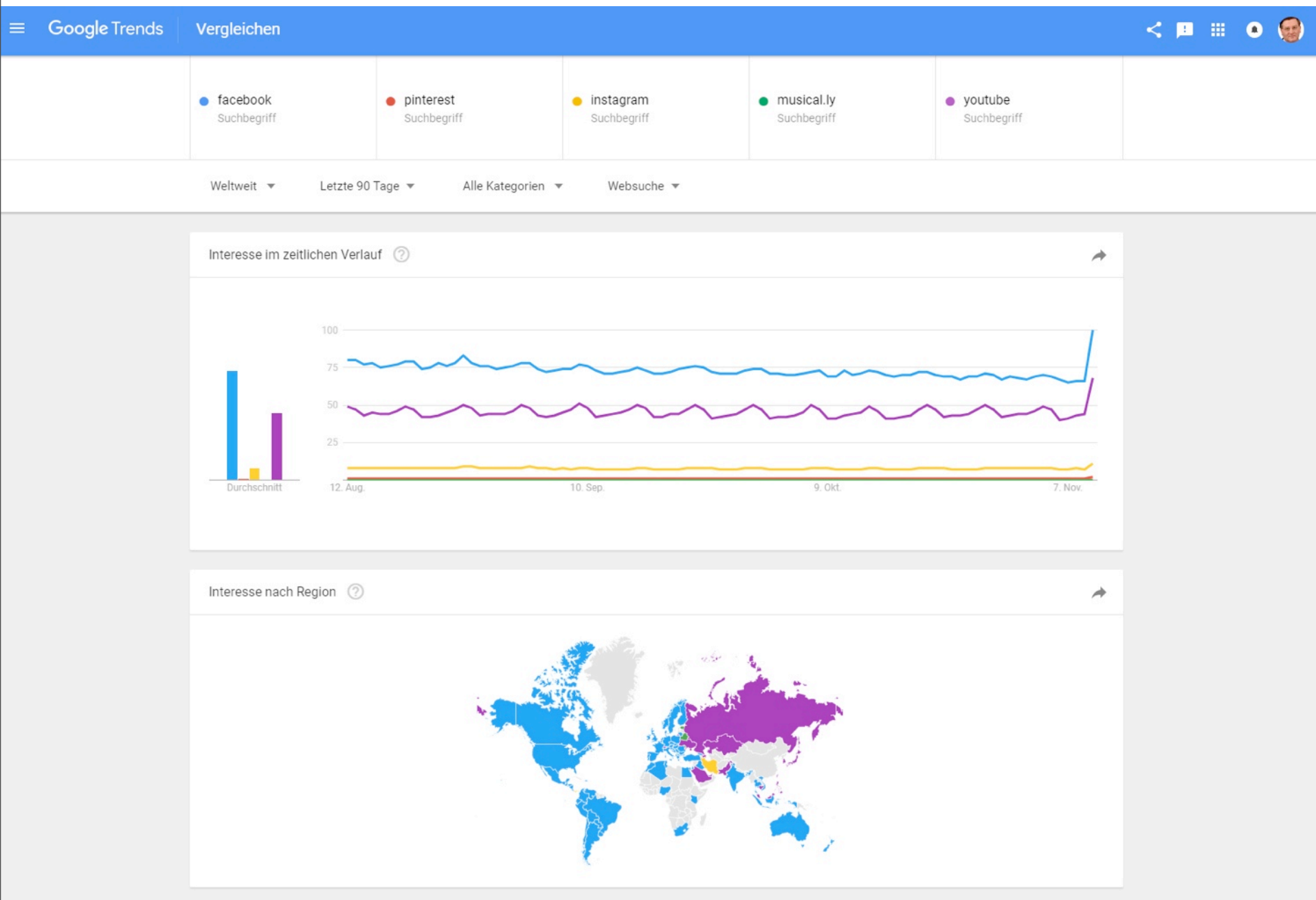
Hubert Wallner
IGZ | Interdisziplinäres Gefäß Zentrum
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5620 Schwarzach
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Hubert Wallner

Liezen, 22. November 2017









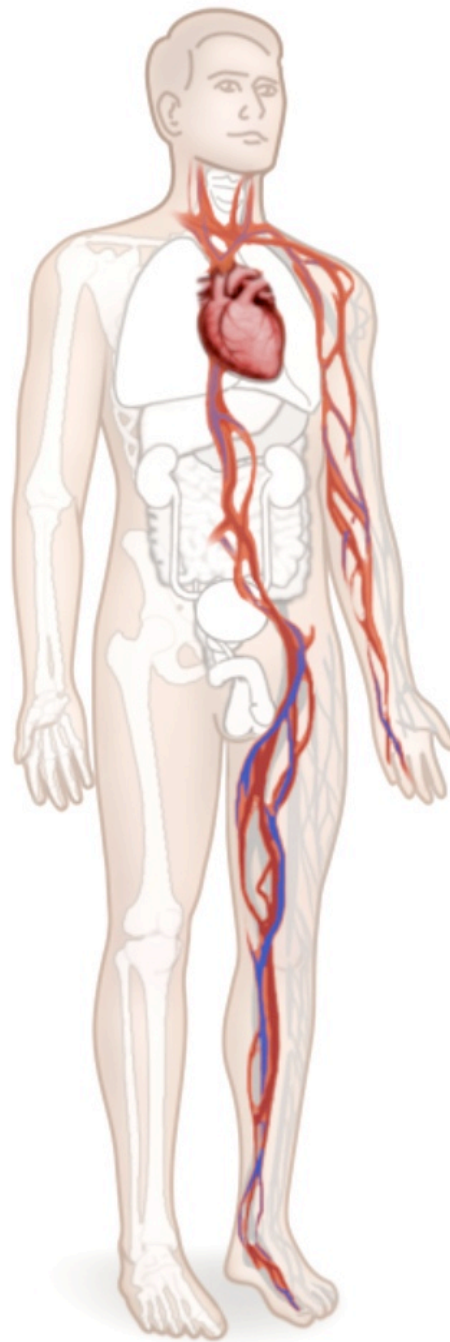
IGZ – Interdisziplinäres Gefäß Zentrum

Kardiologie Angiologie

Neurologie

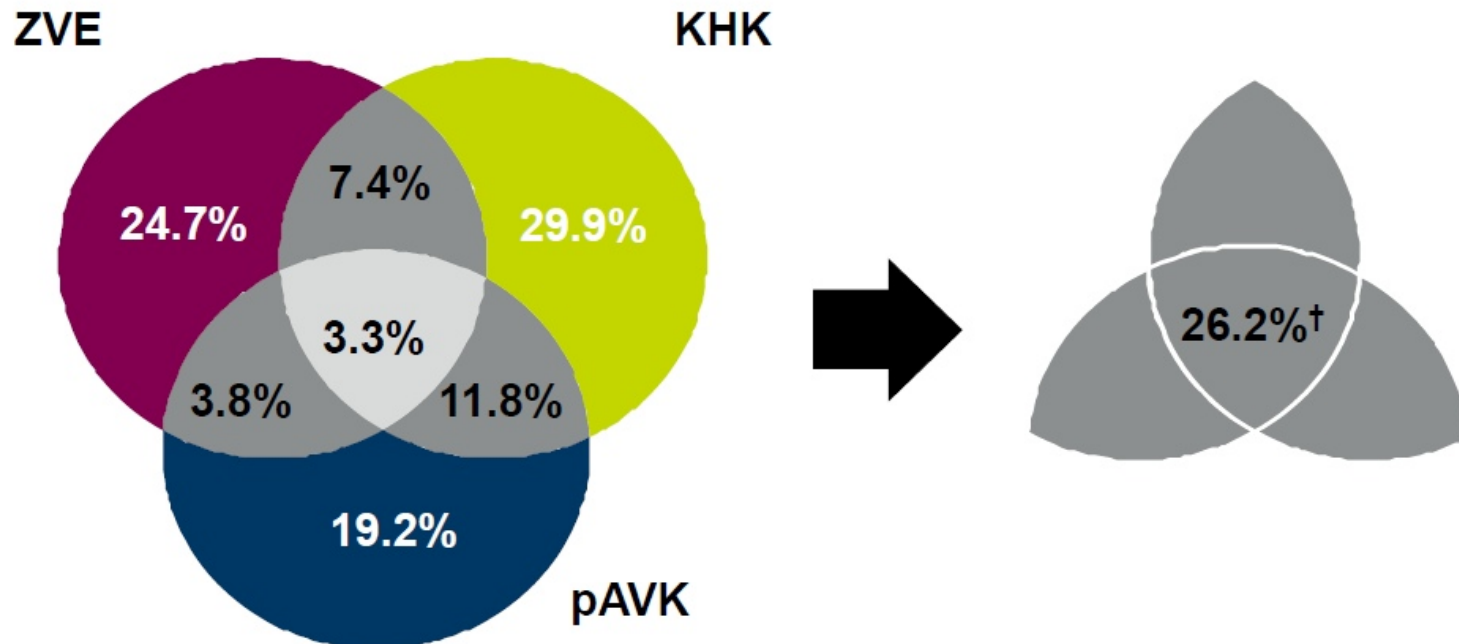
Gefäßchirurgie

Radiologie



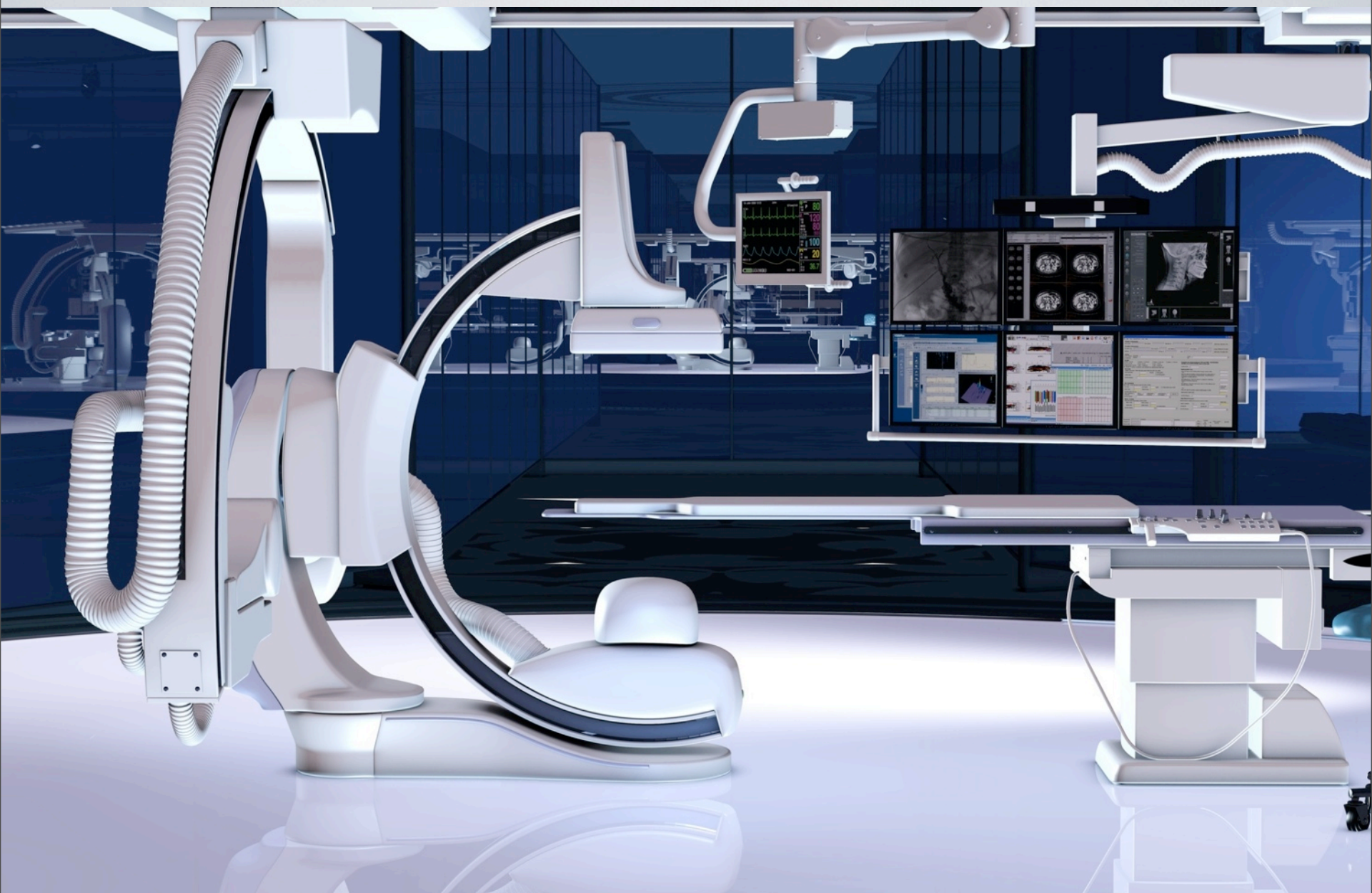
Manifestationen der Atherothrombose¹

Daten der CAPRI-Studie (Clopidogrel versus Aspirin bei Patienten mit Risiko für ischämische Ereignisse; n=19,185)



Bei ~26% der Patienten manifestiert sich die Atherothrombose in mehreren arteriellen Gefäßbetten.

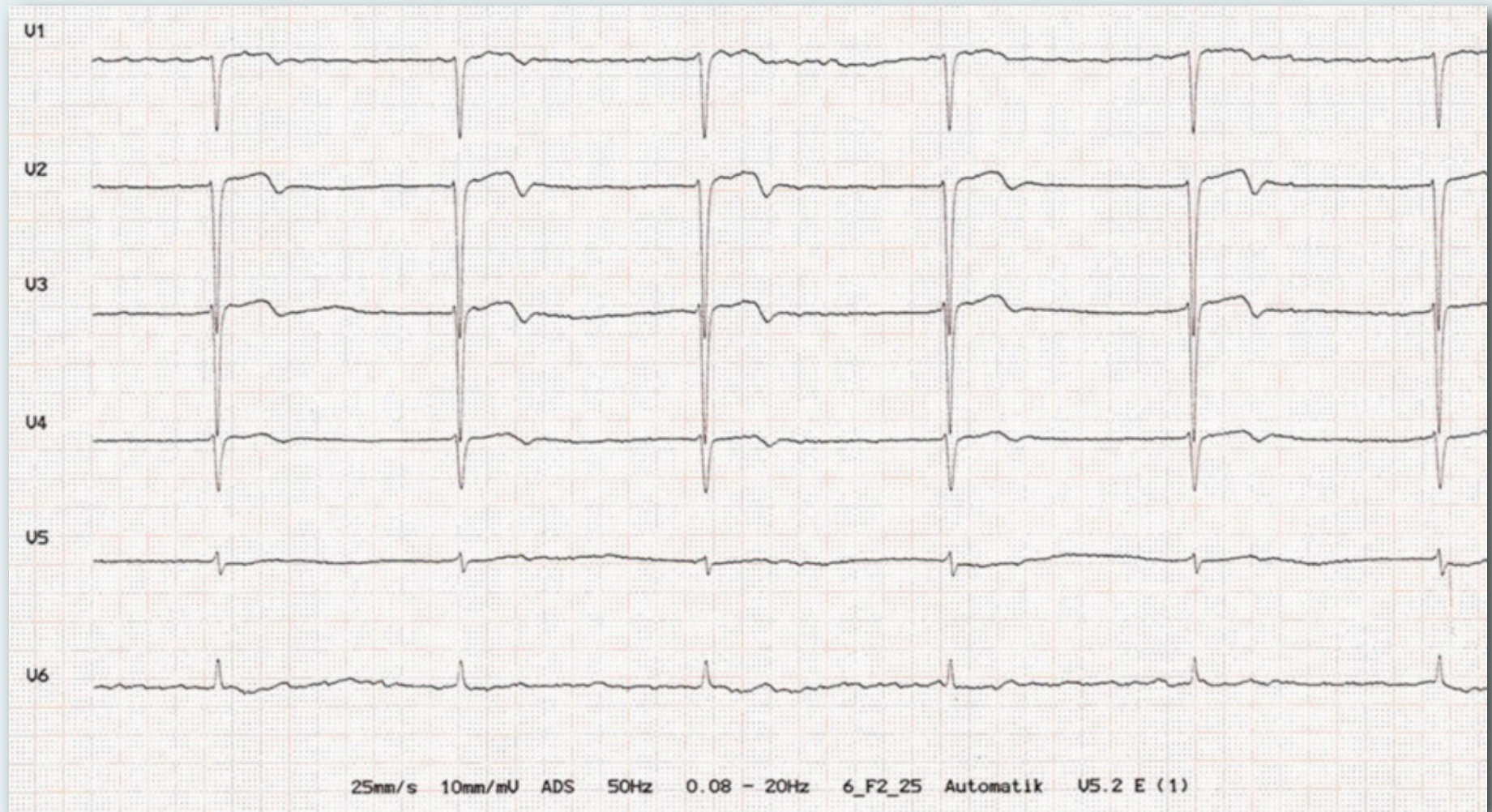
† gerundete Werte. ZVE: Zerebrovaskuläre Erkrankung; KHK: Koronare Herzkrankheit; pAVK: periphere arterielle Verschlusskrankheit
1. Coccheri S. Eur Heart J 1998; 19(Suppl): 227.



D.O., geb.: 15.01.1965 am 31.01.2017



Mittwoch, 22. November 2017



Dabigatran - Pradaxa®

Rivaroxaban - Xarelto®

Apixaban - Eliquis®

Edoxaban - Lixiana®

Zulassungsstudien der NOAK bei VHF

Dabigatran

RE-LY

NEJM 2009; 361: 1139

Rivaroxaban

ROCKET-AF

NEJM 2011; 365: 883

Apixaban

ARISTOTLE

NEJM 2011; 365: 883

Edoxaban

ENGAGE-AF

NEJM 2013; 369: 2093

„Signifikanzen“ für NOAK vs. Warfarin

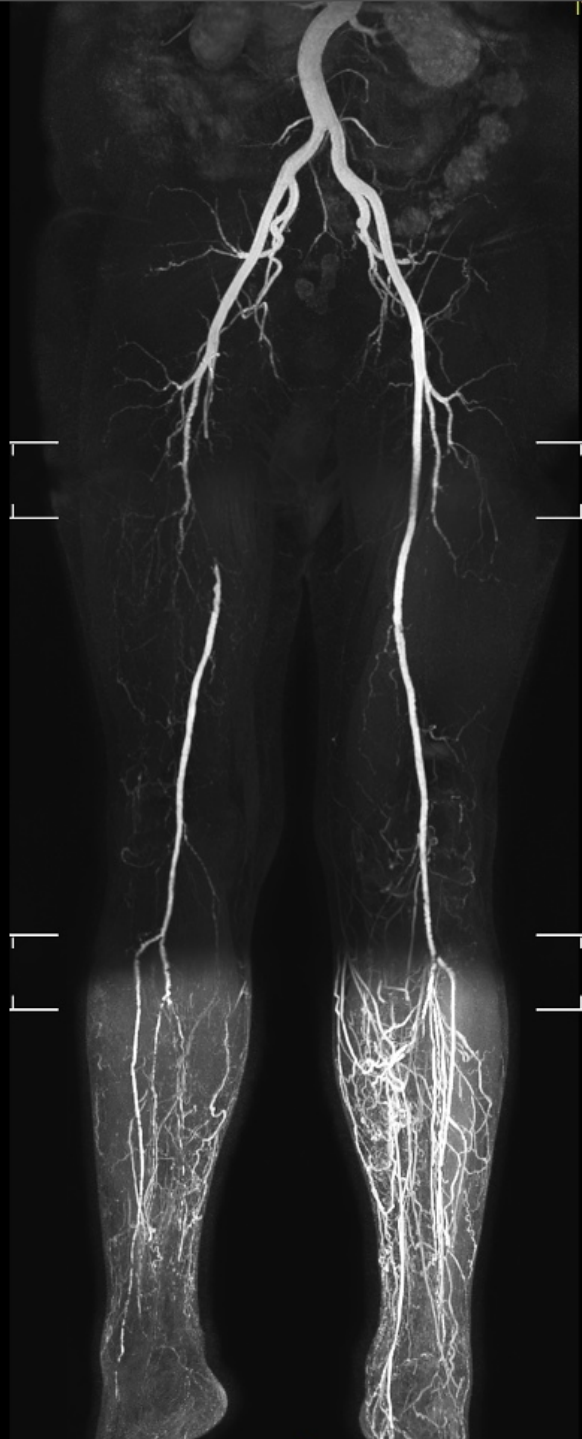
Überblick – qualitativ, Gesamtstudie

vs. Warfarin	Insult + SSE:	ischäm. Insult	schwere Blutungen	Hirnblutungen
Dabigatran 2 x 110mg	↔	↔	↓	↓
Dabigatran 2 x 150mg	↓	↓	↔	↓
Rivaroxaban 1 x 20mg	↔	↔	↔	↓
Apixaban 2 x 5mg	↓	↔	↓	↓
Edoxaban 1 x 30mg	↔	↑	↓	↓
Edoxaban 1 x 60mg	↔	↔	↓	↓

Antikoagulantien - November 2017

	Post-OP VTE Proph	Int. VTE Proph.	VTE Therapie	ACS	VH- Flimmern	Klappen- ersatz
VKA*	+	-	+	+	+	+
UFH**	+	-	+	+	-	-
NMH***	+	+	+	+	+	-
Fondaparinux	+	+	+	+	-	-
Dabigatran	+	-	+	-	+	-
Rivaroxaban	+	-	+	+	+	-
Apixaban	+	-	+	-	+	-
Edoxaban	-	-	+	-	+	-

*Vitamin K Antagonist, **unfraktioniertes Heparin, ***niedermolekulares Heparin

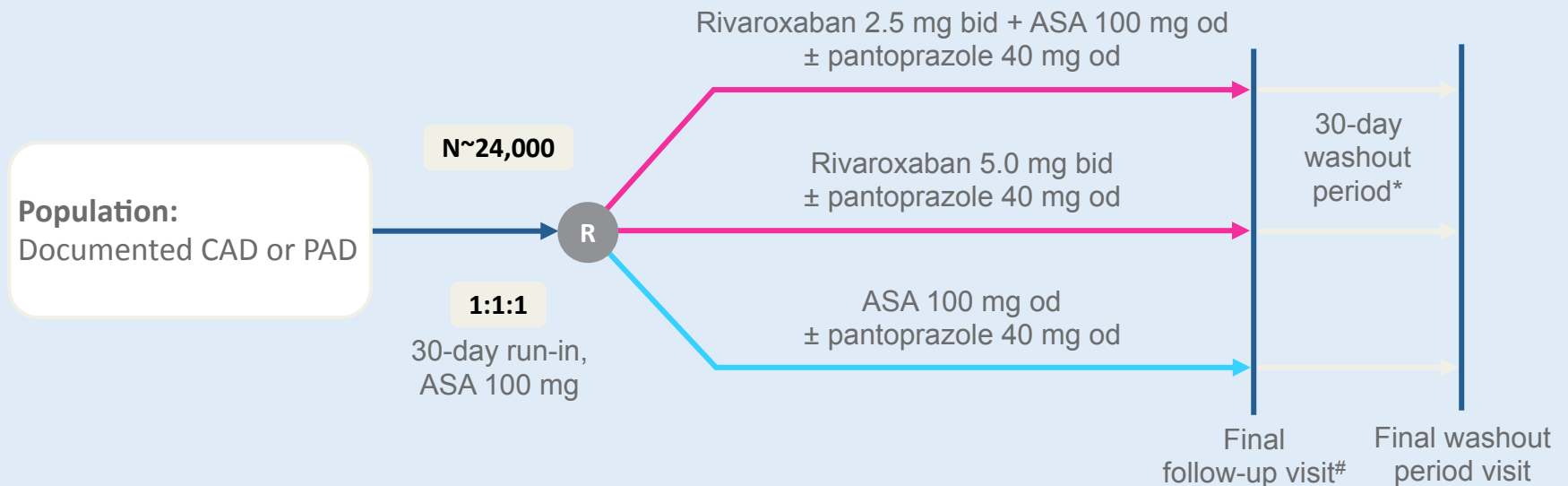




COMPASS

Official study title: A Randomized Controlled Trial of Rivaroxaban for the Prevention of Major Cardiovascular Events in Patients With Coronary or Peripheral Artery Disease (COMPASS - Cardiovascular Outcomes for People Using Anticoagulation Strategies)

Objective: efficacy and safety of rivaroxaban, low-dose rivaroxaban plus ASA or ASA alone for reducing risk of MI, stroke or cardiovascular death in CAD or PAD



Short design: Randomized, double-blind, controlled trial

Indication: CAD/PAD

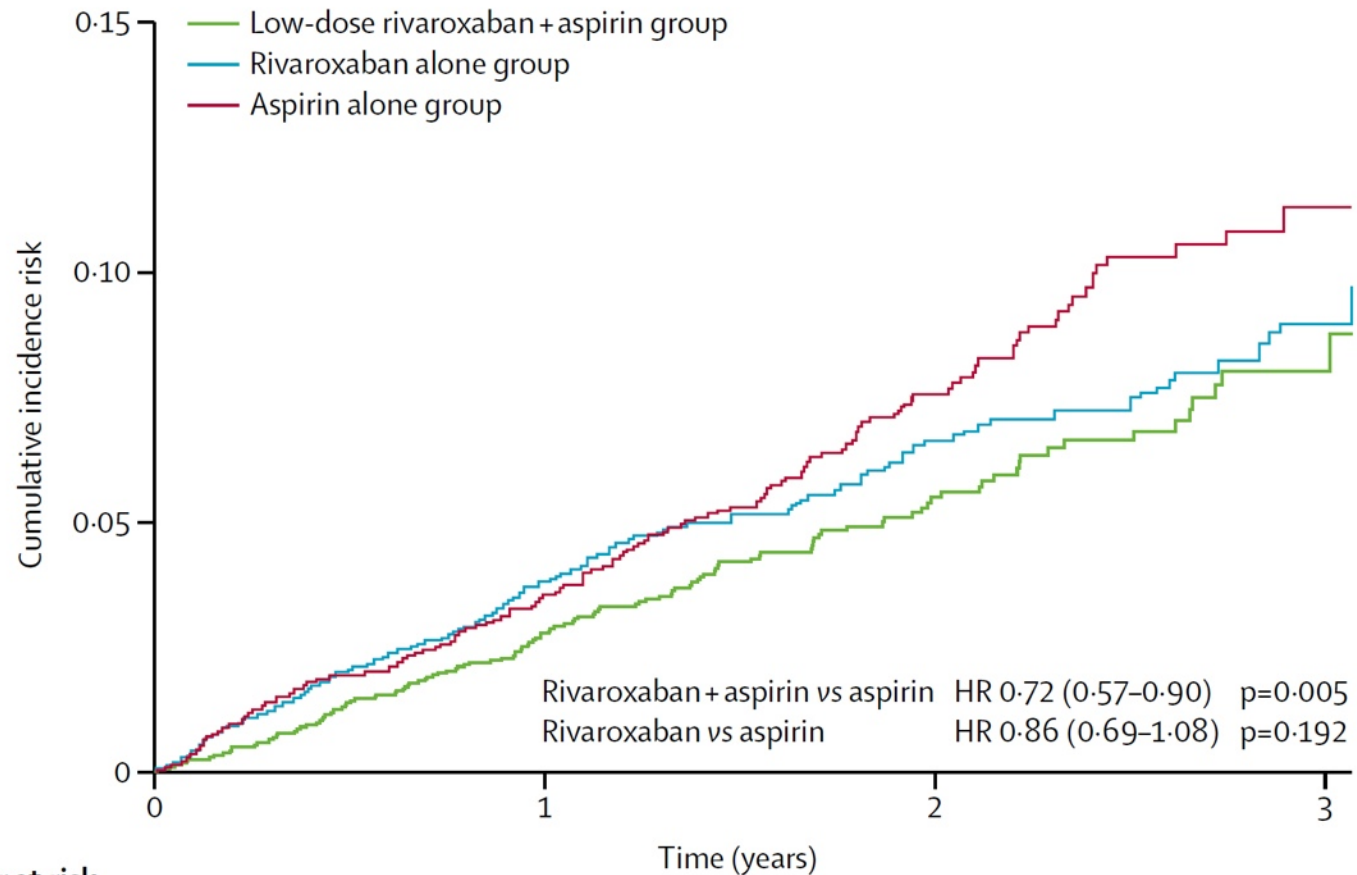
Start: Q2-13
LPLV: Q1-18

*Patients treated according to local standard of care; #≤30 days of the required pre-specified number of events having occurred
www.clinicaltrials.gov/show/NCT01776424





COMPASS



Number at risk

Rivaroxaban + aspirin	2492	2086	907	127
Rivaroxaban	2474	2044	870	147
Aspirin	2504	2065	930	119

Distribution of ischaemic stroke subtypes

Ischaemic Stroke

```
graph TD; A[Ischaemic Stroke] --> B[35% Large Artery Atherosclerosis]; A --> C[20% Small Artery Disease "lacunes"]; A --> D[25% Cryptogenic]; A --> E[15% Recognized Cardiogenic Embolism]; A --> F[5% Unusual (e.g. dissections, arteritis)];
```

35%
Large Artery
Atherosclerosis

20%
Small Artery
Disease
"lacunes"

25%
Cryptogenic

15%
Recognized
Cardiogenic
Embolism

5%
Unusual
(e.g. dissections,
arteritis)

What is ESUS?

A Case for a New Clinical Construct

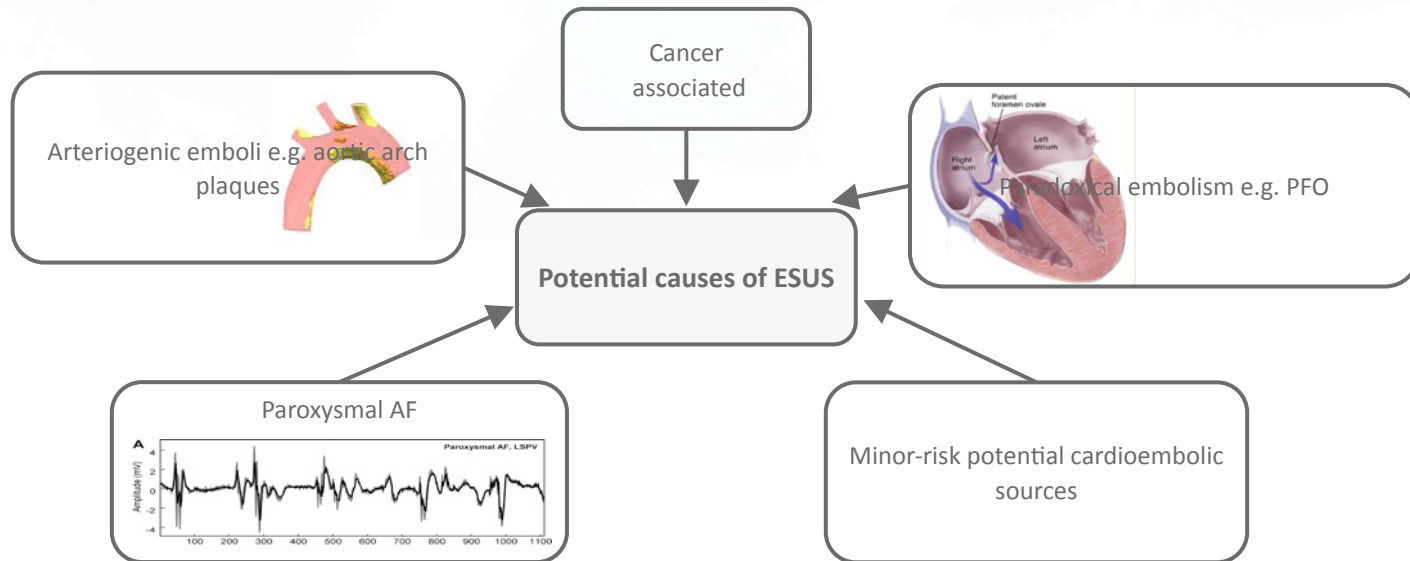
Panel 2: Criteria for diagnosis of embolic stroke of undetermined source*

- Stroke detected by CT or MRI that is not lacunar†
- Absence of extracranial or intracranial atherosclerosis causing $\geq 50\%$ luminal stenosis in arteries supplying the area of ischaemia
- No major-risk cardioembolic source of embolism‡
- No other specific cause of stroke identified (eg, arteritis, dissection, migraine/vasospasm, drug misuse)

*Requires minimum diagnostic assessment (panel 3). †Lacunar defined as a subcortical infarct smaller than or equal to 1.5 cm (≤ 2.0 cm on MRI diffusion images) in largest dimension, including on MRI diffusion-weighted images, and in the distribution of the small, penetrating cerebral arteries; visualisation by CT usually needs delayed imaging greater than 24–48 h after stroke onset. ‡Permanent or paroxysmal atrial fibrillation, sustained atrial flutter, intracardiac thrombus, prosthetic cardiac valve, atrial myxoma or other cardiac tumours, mitral stenosis, recent (< 4 weeks) myocardial infarction, left ventricular ejection fraction less than 30%, valvular vegetations, or infective endocarditis.

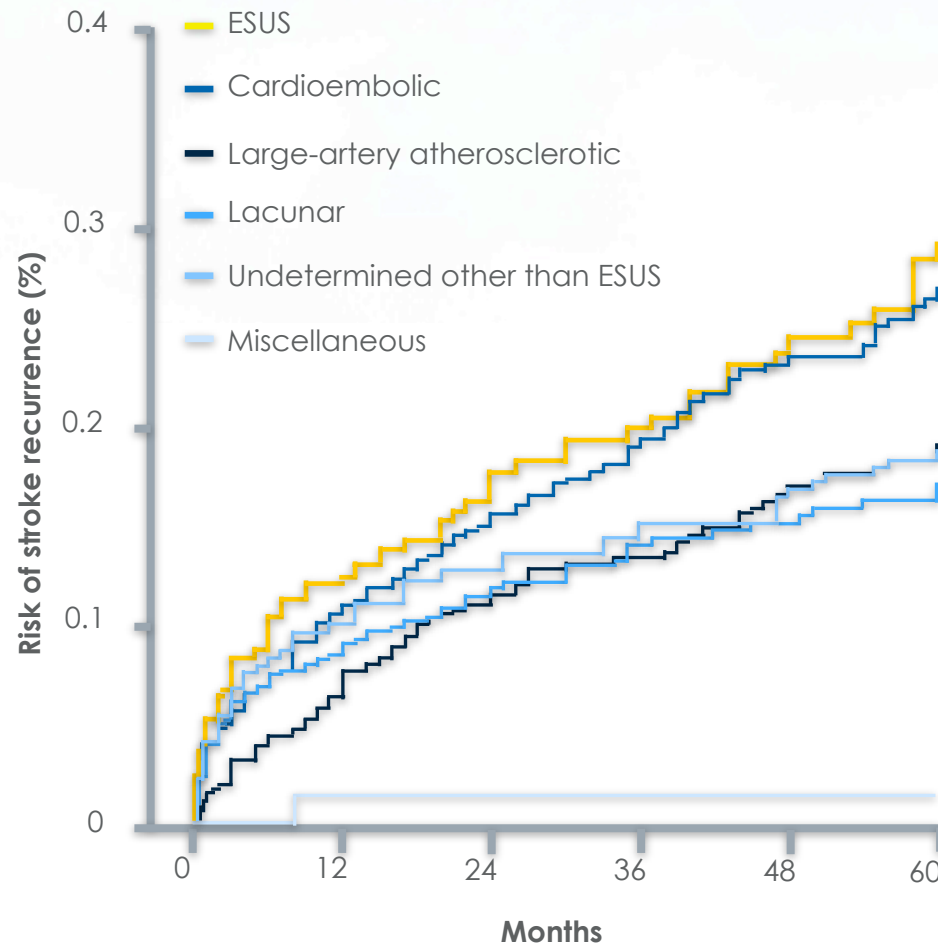
ESUS

embolic stroke of unknown source



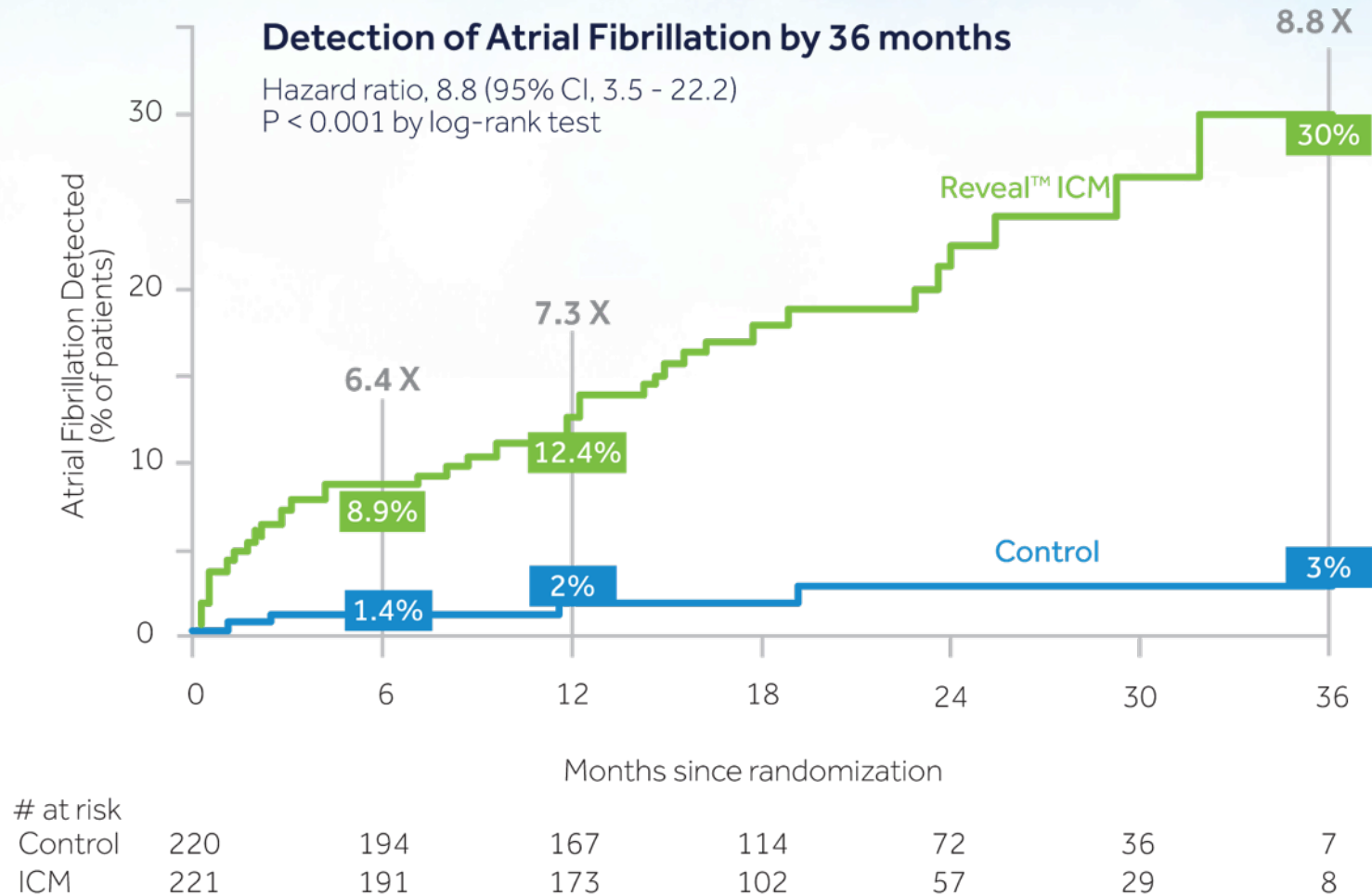
1. Hart RG *et al*, *Lancet Neurol* 2014;13:429–438;
2. The ESPRIT Study Group *Lancet* 2006;367:1665–1673;
3. CAPRIE Steering Committee. *Lancet* 1996;348:1329–1339;

ESUS: 5-year stroke recurrence



CRYSTAL AF study

AF detection after cryptogenic stroke





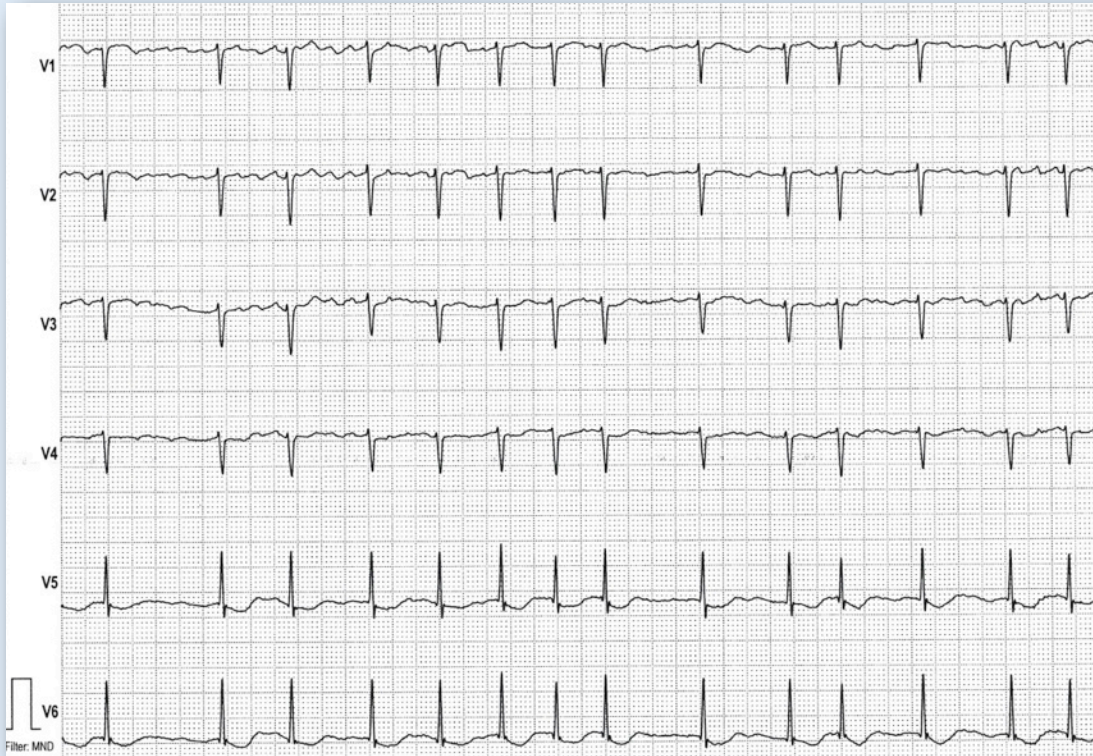
VORHOFFLIMMERN & ACS & STENT

- **Patient**
- **78 Jahre**
- **Hypertonie**
- **Z.n. Magenblutung**
- **Hb 11,5 g/dl**
- **Chronisches Vorhofflimmern**
- **NSTEMI ACS**
- **GFR 62 ml/min**

VORHOFFLIMMERN & ACS & STENT



VORHOFFLIMMERN & ACS & STENT



Labor

GFR 68

Hb normal

CK-max 290

hs Troponin 58

EKG

Diagnose

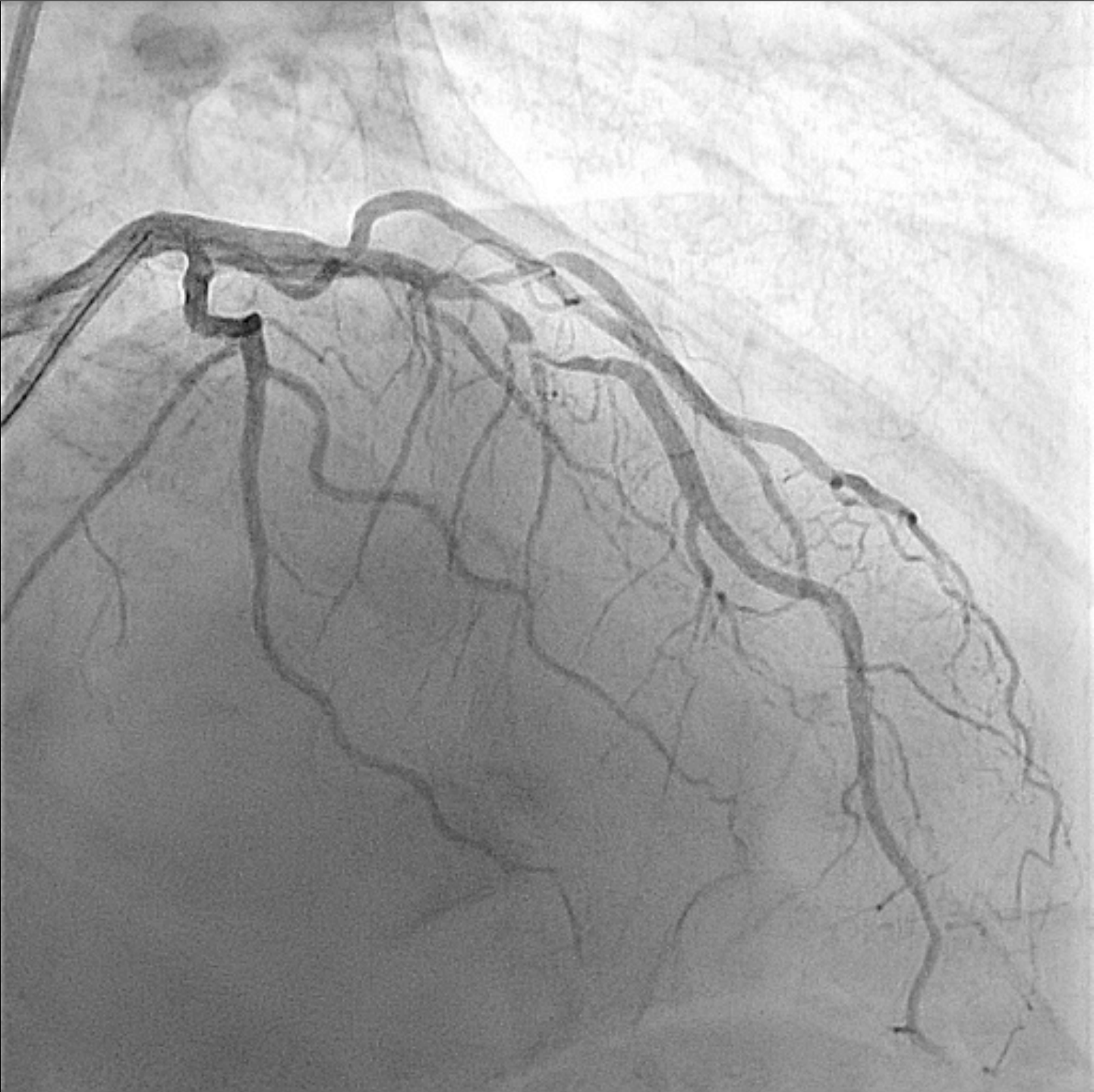
NSTEMI

GRACE 149

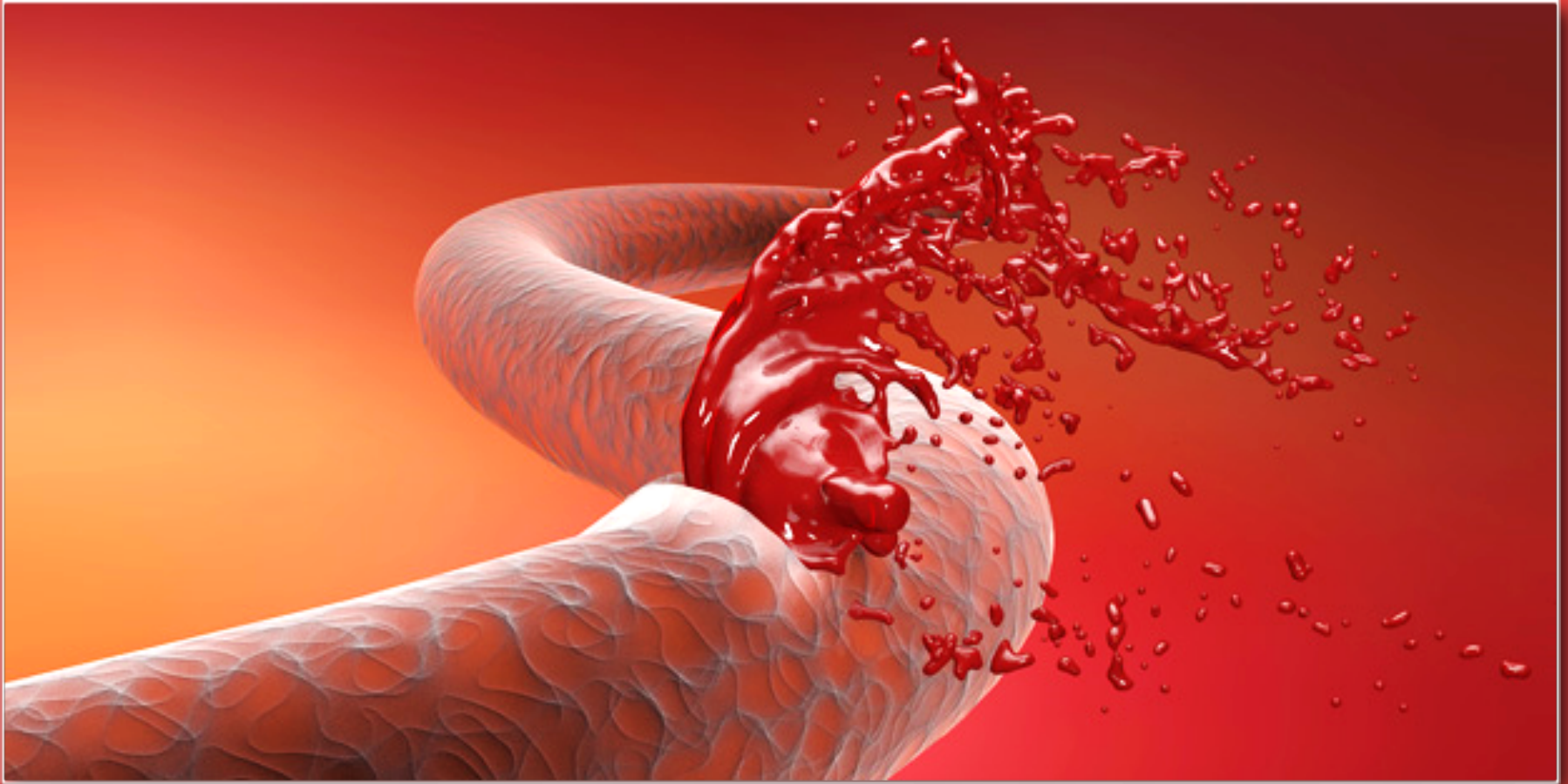
CRUSADE 16

HAS-BLED 4

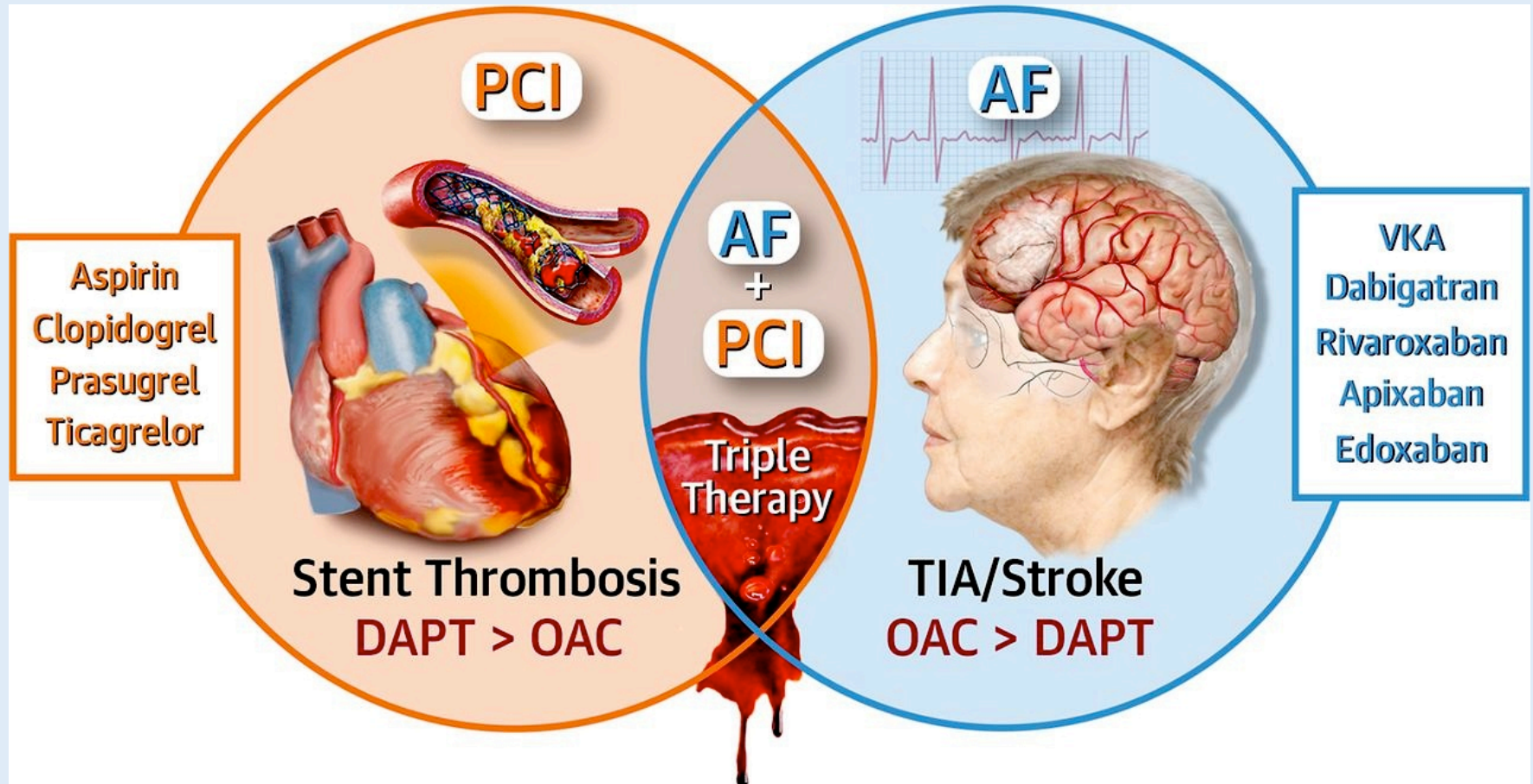
Geplante Koronarangiografie



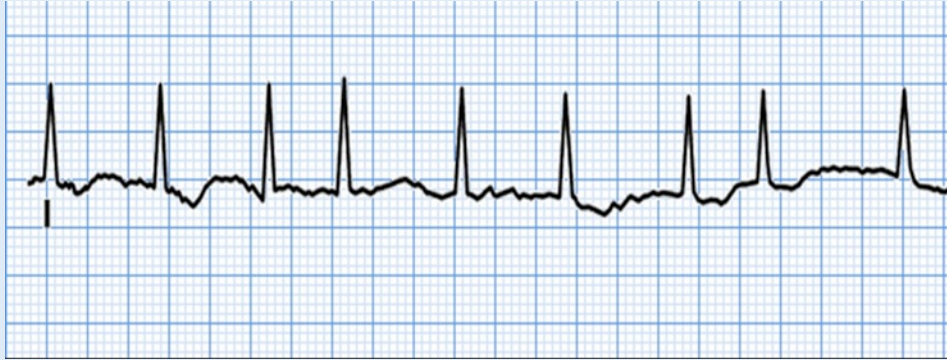
schwerwiegende Blutungskomplikationen



Das Problem



Das Problem - Die Lösung



Antikoagulation

Zerebrovaskuläre
ischämische Ereignisse

Blutung

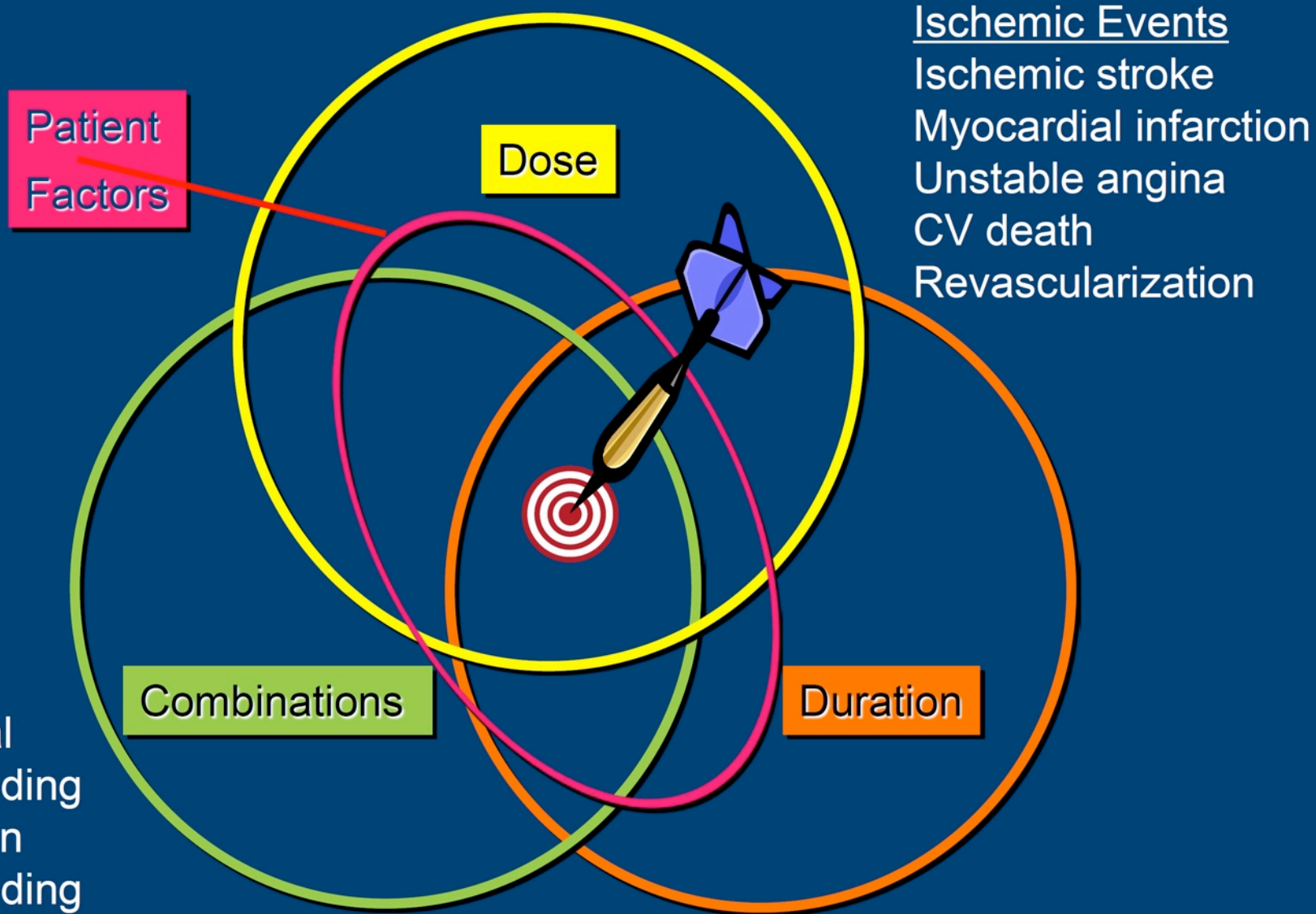
DAPT

Stent
Thrombose

Blutung

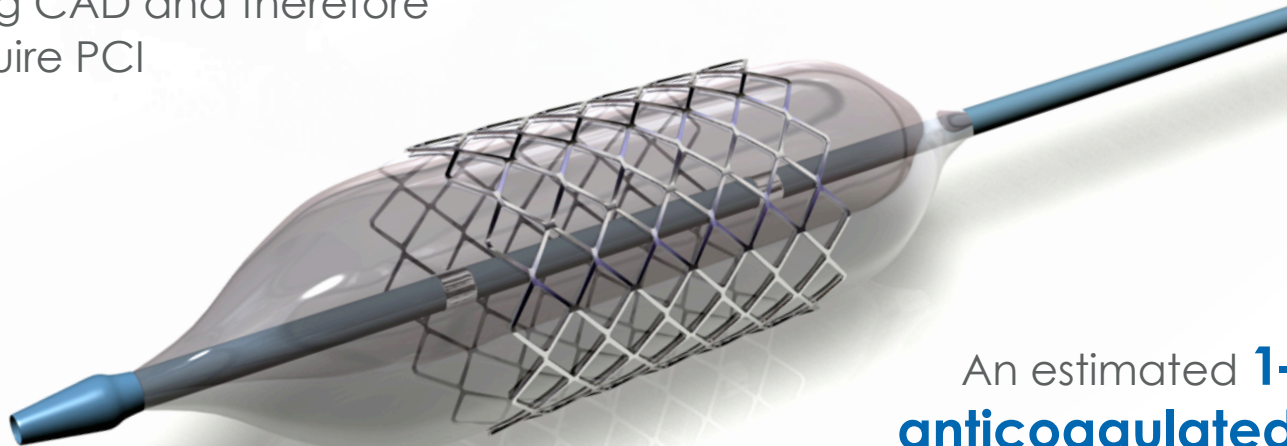


The Sweet Spot for Antithrombotics



AF & PCI

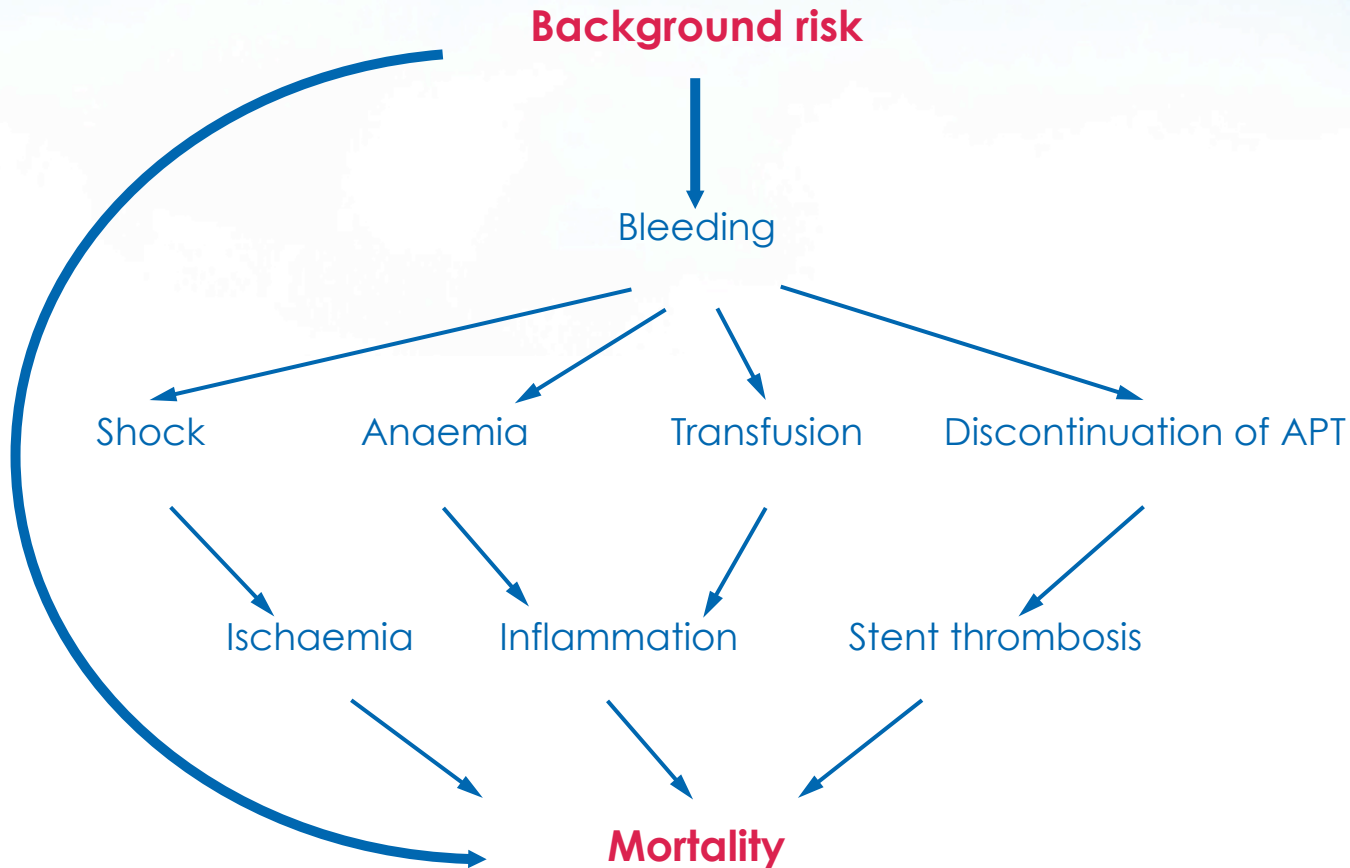
20–30% of patients with AF and an indication for continuous OAC have coexisting CAD and therefore may require PCI



An estimated **1–2 million anticoagulated patients** in Europe are candidates for PCI procedures

Stenting requires follow-up treatment with antiplatelets, which puts anticoagulated patients at **higher risk of bleeding**

Blutungen erhöhen die Mortalität



Compared with patients without bleeding, patients who experience bleeding are more likely to die, not only early (in hospital) but also late (after discharge)

APT, antiplatelet therapy; PCI, percutaneous coronary intervention; Steg et al. Eur Heart J 2011

NOACS - DAPT

RE-LY¹

4.5%
received DAPT

32% ASA alone
1.9% clopidogrel alone

ROCKET-AF²

0%
DAPT not permitted

36% ASA alone

ARISTOTLE³

0%
DAPT not permitted

31% ASA alone
1.9% clopidogrel alone

ENGAGE AF⁴

0%
DAPT not permitted

29% ASA alone
2.3 % clopidogrel alone

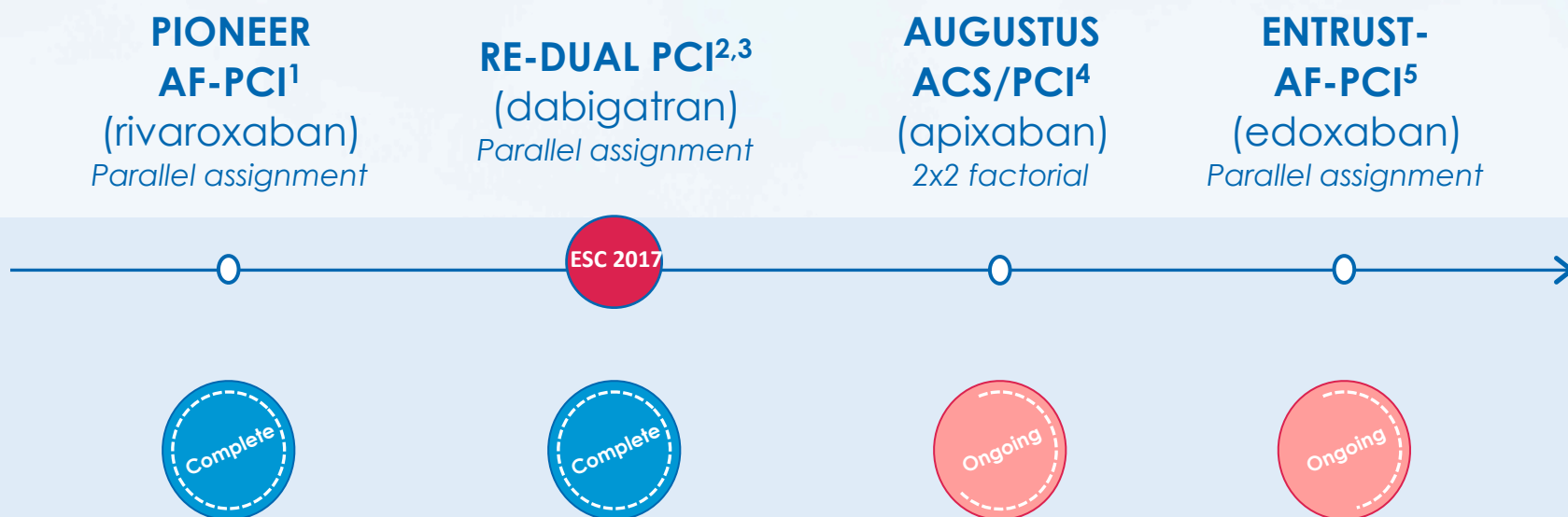
**RE-LY is the only NOAC AF trial in which concomitant
ASA + clopidogrel was not contraindicated¹**

ASA, acetylsalicylic acid; DAPT, dual antiplatelet therapy

1. Dans AL et al. Circulation 2013; 2. Patel MR et al. N Engl J Med 2011;

3. Granger CB et al. N Engl J Med 2011; 4. Giugliano RP et al. N Engl J Med 2013

PCI - NOACS - APT



*Patients receiving OAC + antiplatelet

1. Gibson et al. N Engl J Med 2016; 2. Cannon et al. Clin Cardiol 2016; 3. ClinicalTrials.gov: NCT02164864;

4. ClinicalTrials.gov: NCT02415400; 5. ClinicalTrials.gov: NCT02866175

Evidenz für duale Therapie

1. PIONEER AF 2016

The NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

DECEMBER 22, 2016

VOL. 375 NO. 25

Prevention of Bleeding in Patients with Atrial Fibrillation Undergoing PCI

C. Michael Gibson, M.D., Roxana Mehran, M.D., Christoph Bode, M.D., Jonathan Halperin, M.D., Freek W. Verheugt, M.D., Peter Wildgoose, Ph.D., Mary Birmingham, Pharm.D., Juliana Ianus, Ph.D., Paul Burton, M.D., Ph.D., Martin van Eickels, M.D., Serge Korjian, M.D., Yazan Daaboul, M.D., Gregory Y.H. Lip, M.D., Marc Cohen, M.D., Steen Husted, M.D., Eric D. Peterson, M.D., M.P.H., and Keith A. Fox, M.B., Ch.B.

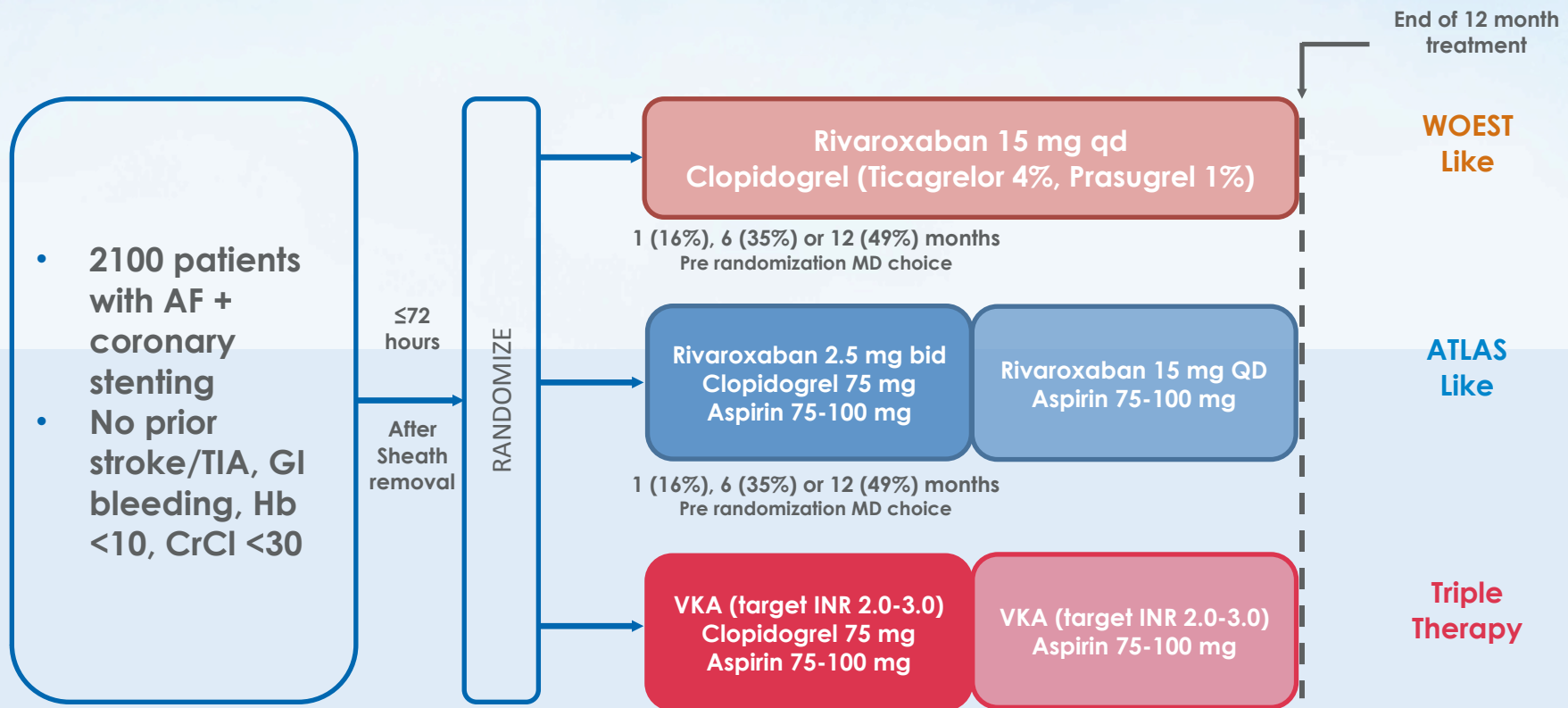
ORIGINAL ARTICLE

Dual Antithrombotic Therapy with Dabigatran after PCI in Atrial Fibrillation

Christopher P. Cannon, M.D., Deepak L. Bhatt, M.D., M.P.H., Jonas Oldgren, M.D., Ph.D., Gregory Y.H. Lip, M.D., Stephen G. Ellis, M.D., Takeshi Kimura, M.D., Michael Maeng, M.D., Ph.D., Bela Merkely, M.D., Uwe Zeymer, M.D., Savion Gropper, M.D., Ph.D., Matias Nordaby, M.D., Eva Kleine, M.Sc., Ruth Harper, Ph.D., Jenny Manassie, B.Med.Sc., James L. Januzzi, M.D., Jurrien M. ten Berg, M.D., Ph.D., P. Gabriel Steg, M.D., and Stefan H. Hohnloser, M.D., for the RE-DUAL PCI Steering Committee and Investigators*

2. RE-DUAL PCI 2017

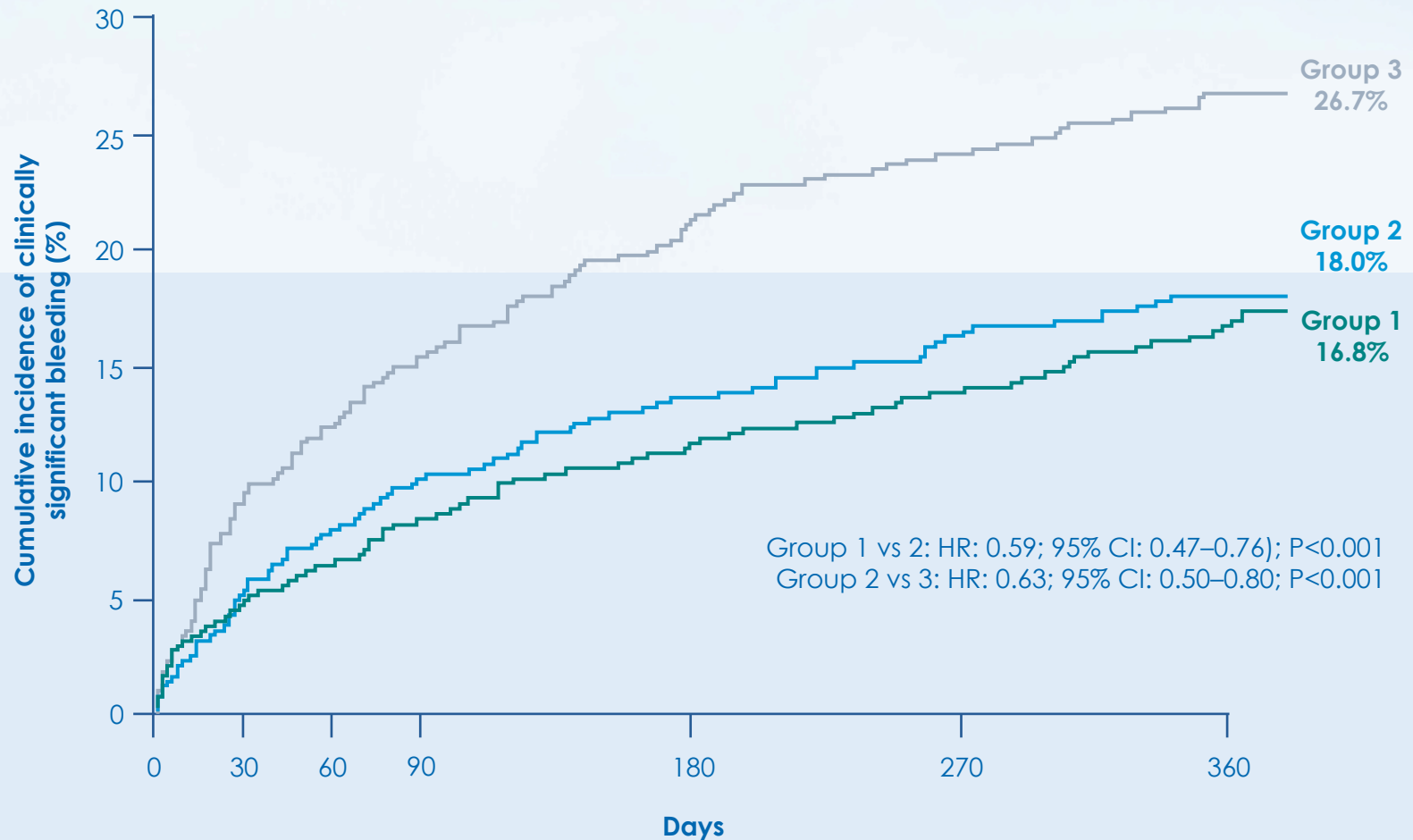
PIONEER AF-PCI



- Primary endpoint: TIMI major + minor + bleeding requiring medical attention
- Secondary endpoint: CV death, MI, and stroke

PIONEER AF-PCI

Composite of bleeding events*

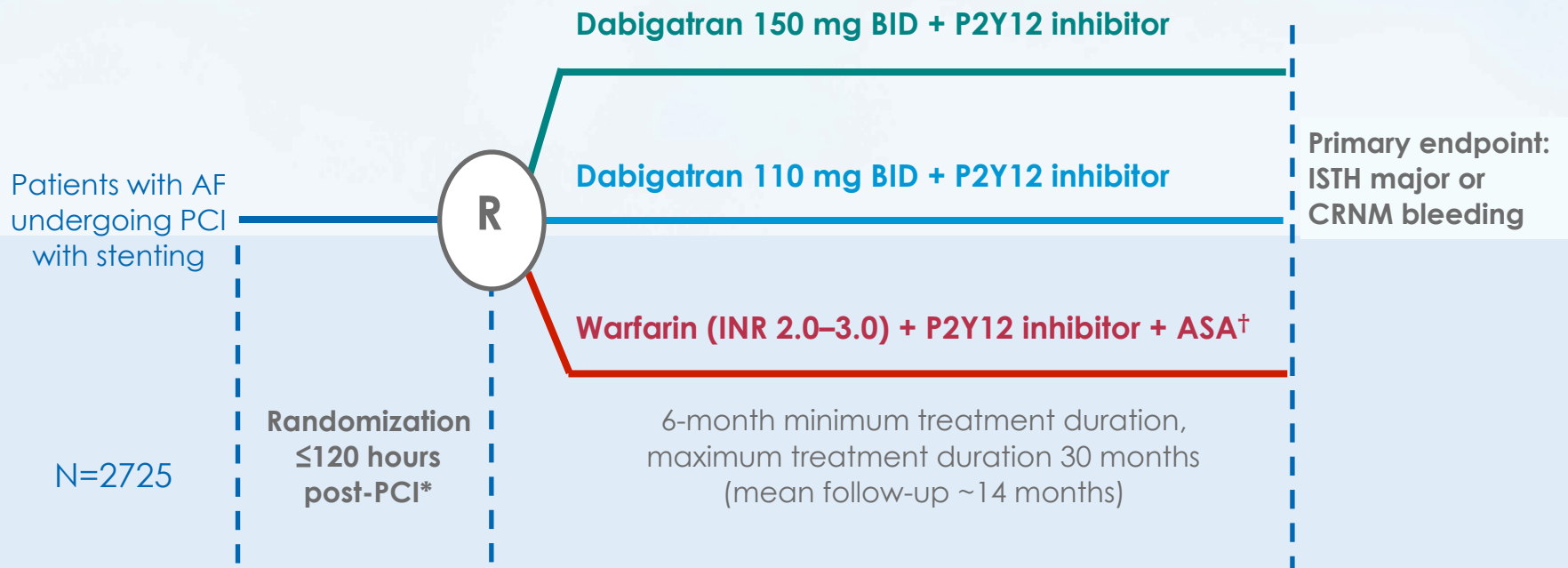


*Composite of major bleeding or minor bleeding according to TIMI criteria or bleeding requiring medical attention;

†Trial not powered to definitively establish superiority or noninferiority. TIMI, Thrombolysis in Myocardial Infarction;

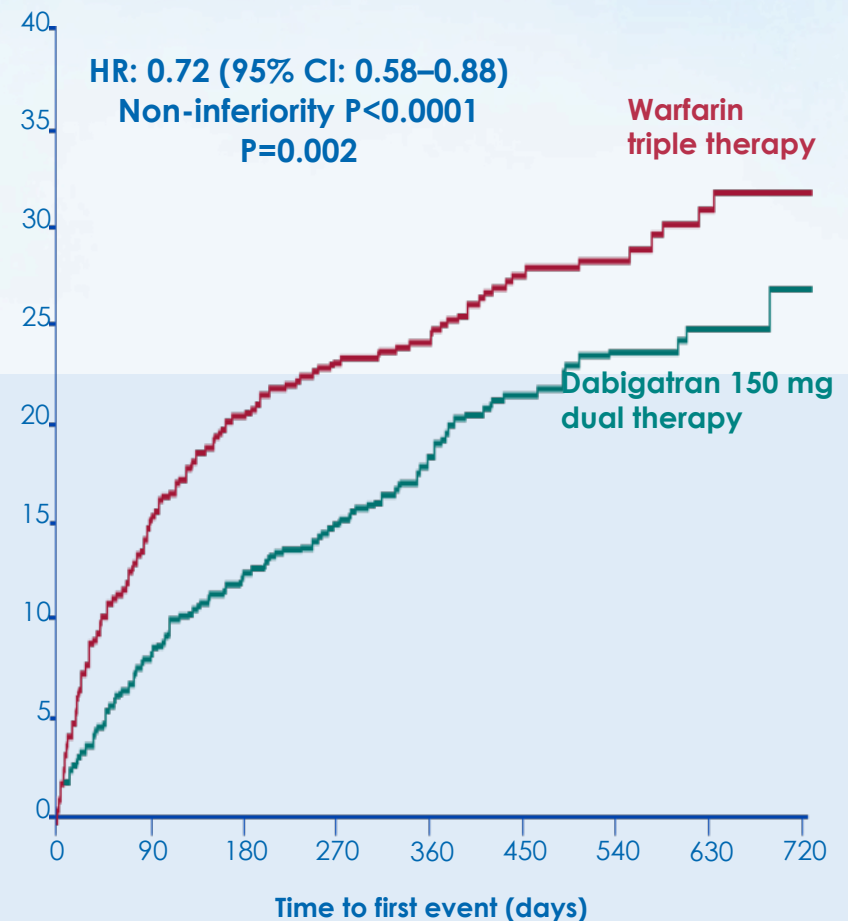
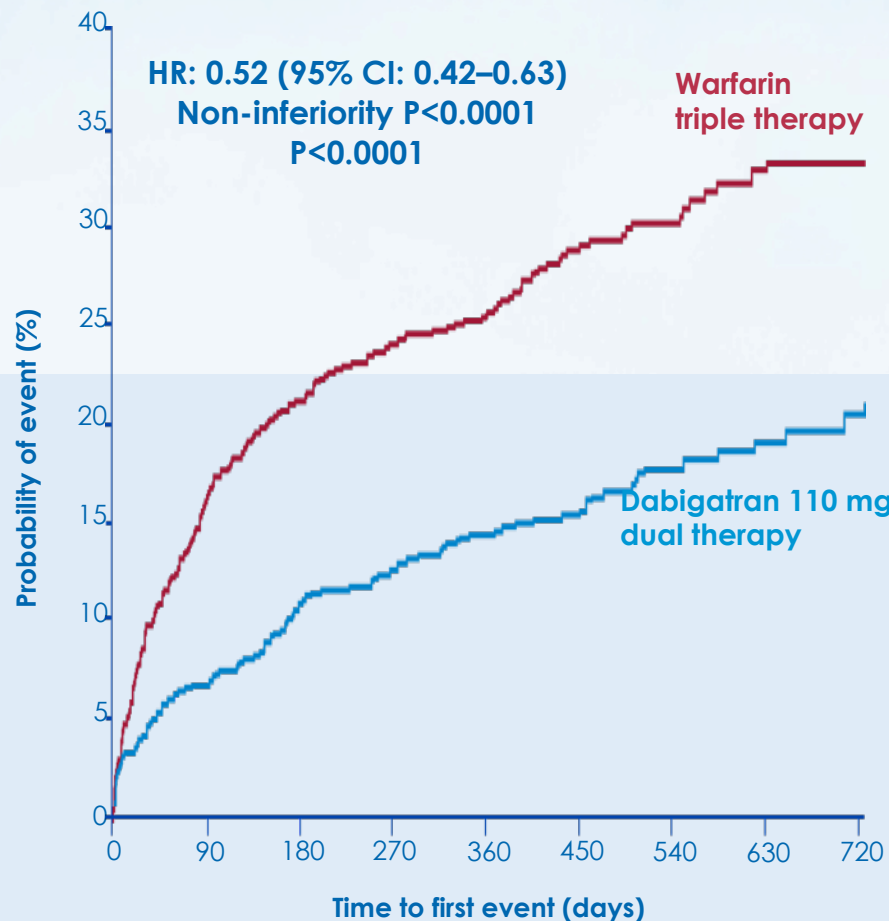
Gibson et al. N Engl J Med 2016

RE-DUAL PCI



*Study drug should be administered 6 hours after sheath removal and no later than ≤120 hrs post-PCI (≤72 hrs is preferable).
PROBE, prospective, randomized, open, blinded end-point; R, randomization; BMS, bare metal stent; DES, drug-eluting stent.
ClinicalTrials.gov; NCT02164864; Cannon et al. Clin Cardiol 2016; Cannon et al. N Engl J Med 2017

RE-DUAL PCI



For the dabigatran 150 mg vs warfarin comparison, elderly patients outside the USA (≥ 80 years) and Japan (≥ 70 years) are excluded. Full analysis set presented
CRNMBE, clinically relevant non-major bleeding event; ISTH, International Society on Thrombosis and Haemostasis;
Cannon et al. N Engl J Med 2017

NOACS - Dosis

“If a NOAC is used,
the **LOWEST TESTED DOSE** for stroke prevention should be used
in combination therapy”:

Dabigatran 110 mg twice a day (*n* = 6015, RE-LY)

Edoxaban 30 mg once a day (*n* = 7034, ENGAGE AF)

Apixaban 2.5 mg twice a day (*n* = 428, ARISTOTLE)

Rivaroxaban 15 mg once a day (*n* = 1474, ROCKET AF)

Ticagrelor - Prasugrel

Should be avoided (no data available),

UNLESS there is a clear need for these agents

(e.g. stent thrombosis on dual/triple therapy with clopidogrel)

Stent Thrombose



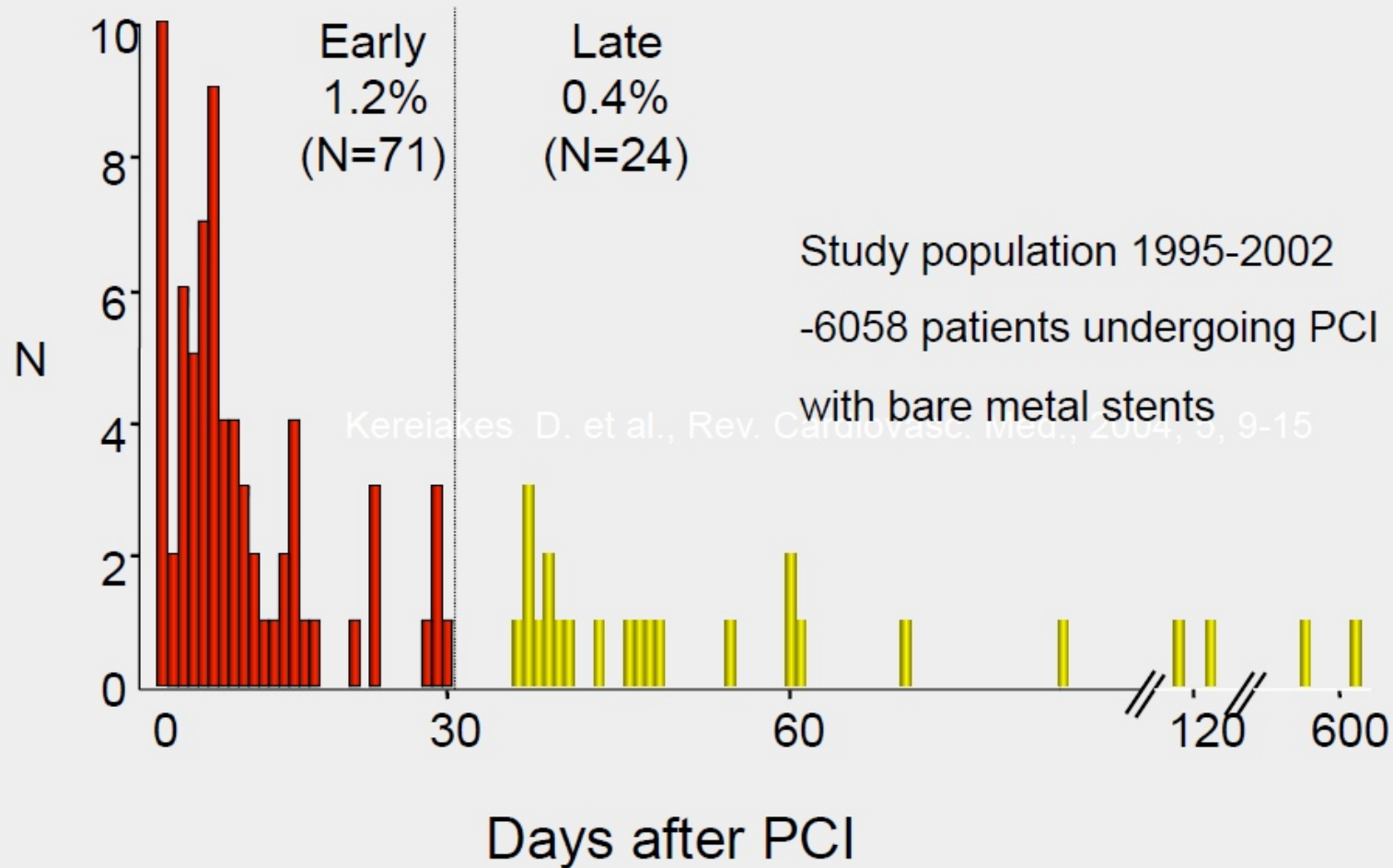
Frühe $\leq$ 1 Mo

Späte $>$ 1 Mo $\leq$ 1Jahr

Sehr späte $>$ 1Jahr

Tag 0	bis Tag 1	Akute Stentthrombose
>Tag 1	bis 1 Monat	Subakute Stentthrombose (SAT)
>1 Monat	to 1 Jahr	Späte Stentthrombose (LST)
(VLST)	> 1 year	Sehr späte Stentthrombose (VLST)

Stent Thrombosis



Notfall-Name: Unbekannt 06.05.2013 13:39:34

Geburtsdatum:

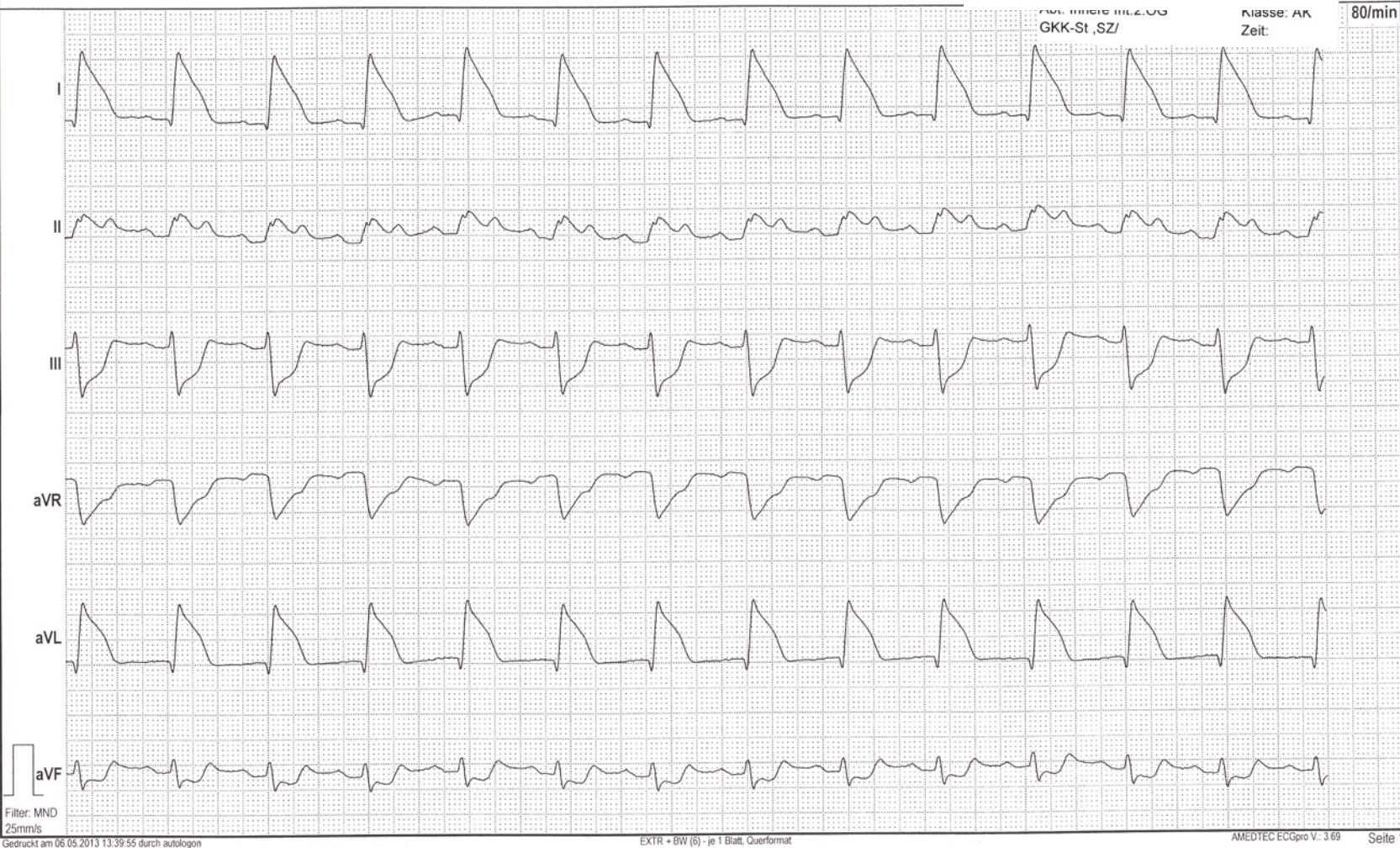
Geschlecht:

Patientenname:

Patientennummer:

Schrittmacher-Typ:

Aufnahmedatum: 06.05.2013 13:39:34



Notfall-Name: **Unbekannt 06.05.2013 13:39:34**
Patientenname:
Patientennummer:
Aufnahmedatum: **06.05.2013 13:39:34**

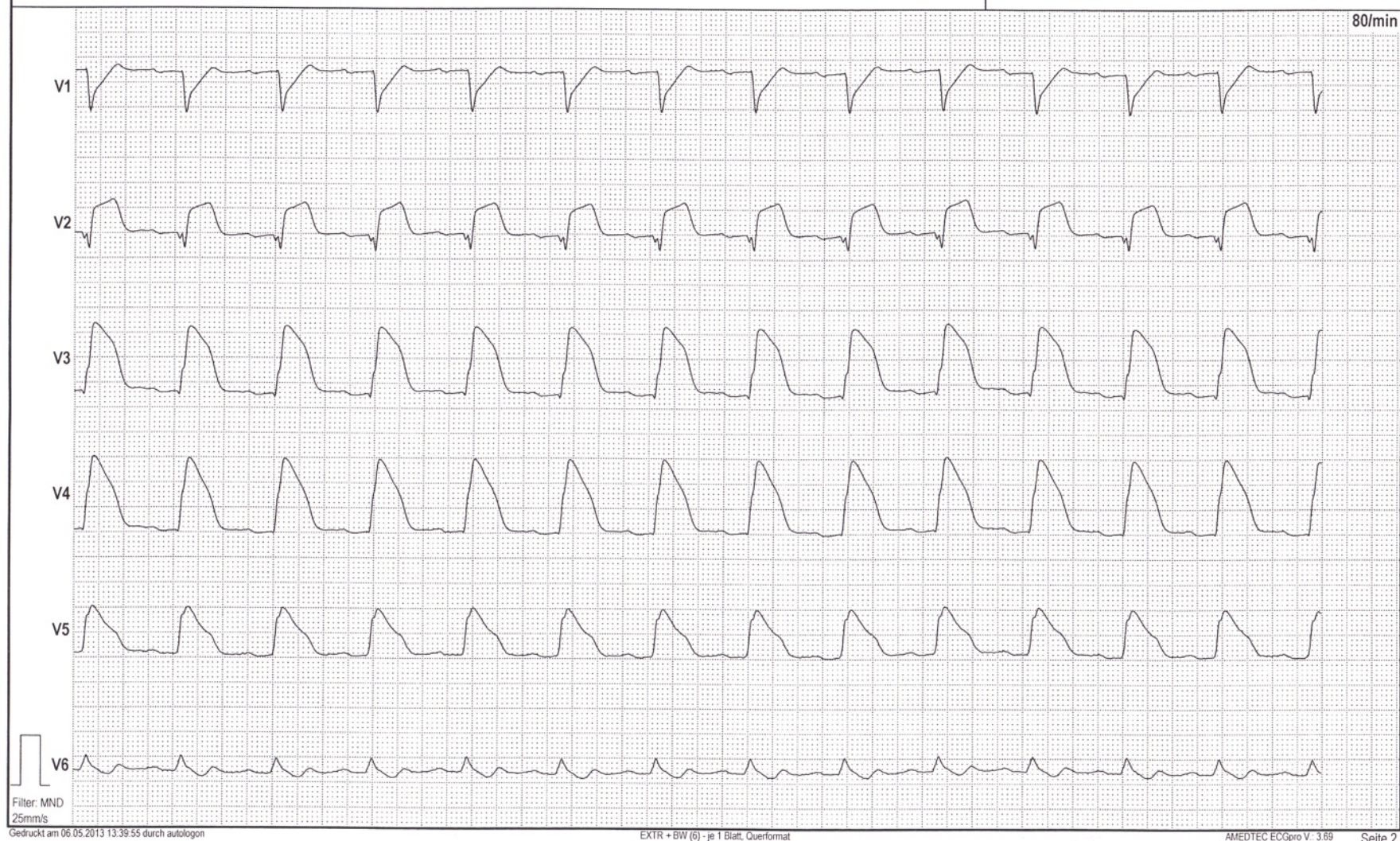
Geburtsdatum:
Schrittmacher-Typ:

Geschlecht:

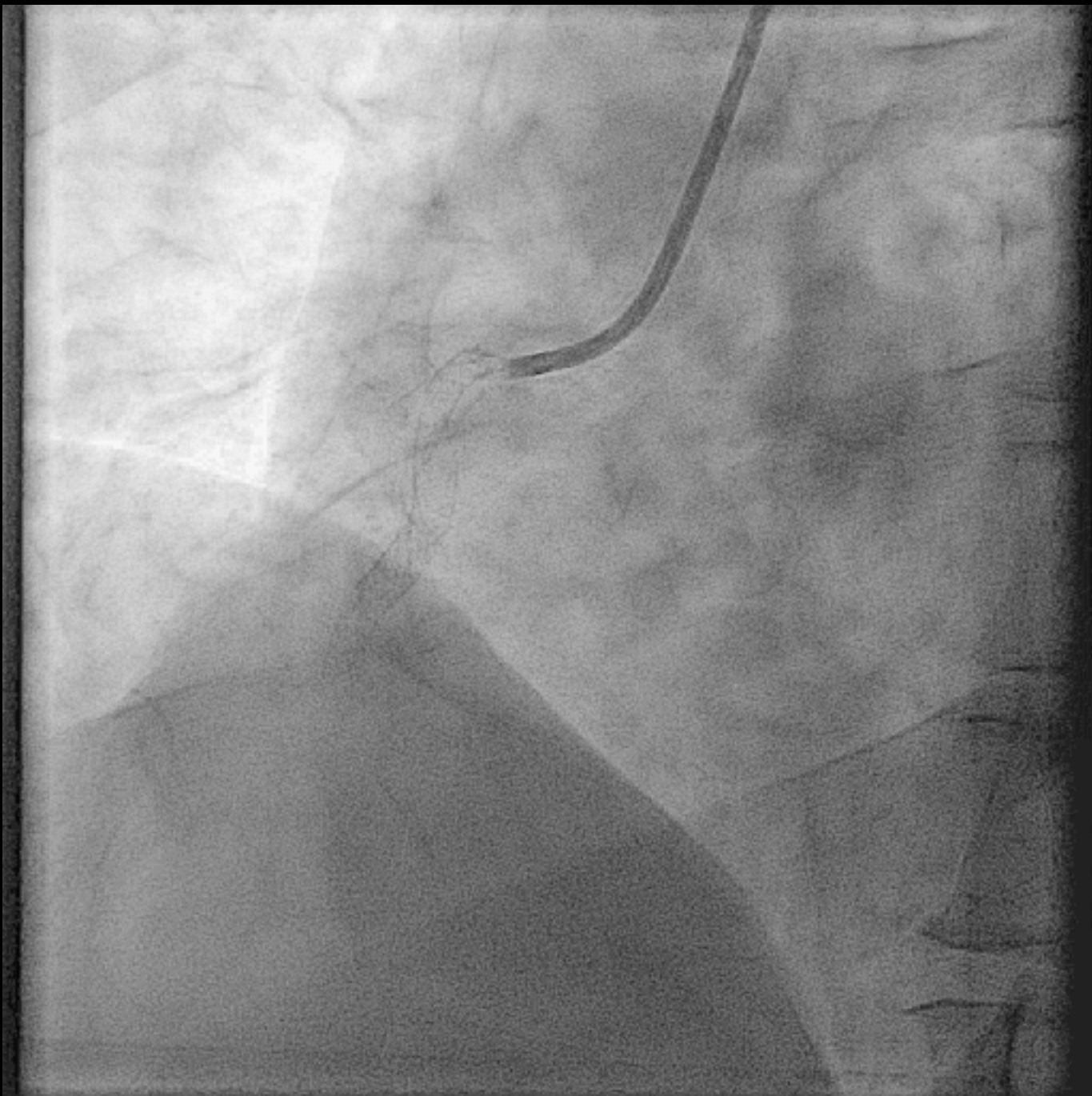
Kardinal Schwarzenberg'sches Krankenhaus

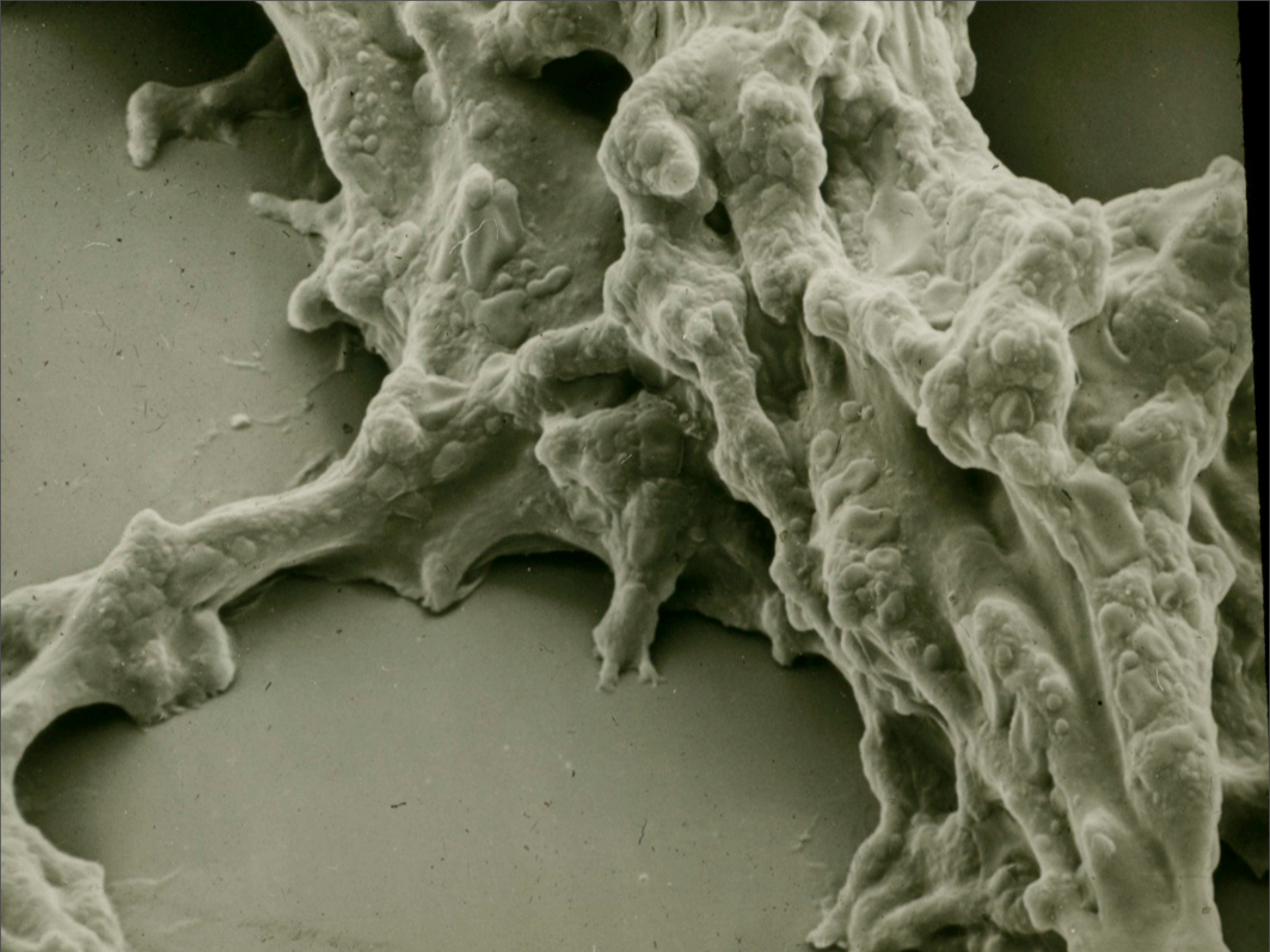
Tel.:

Fax:





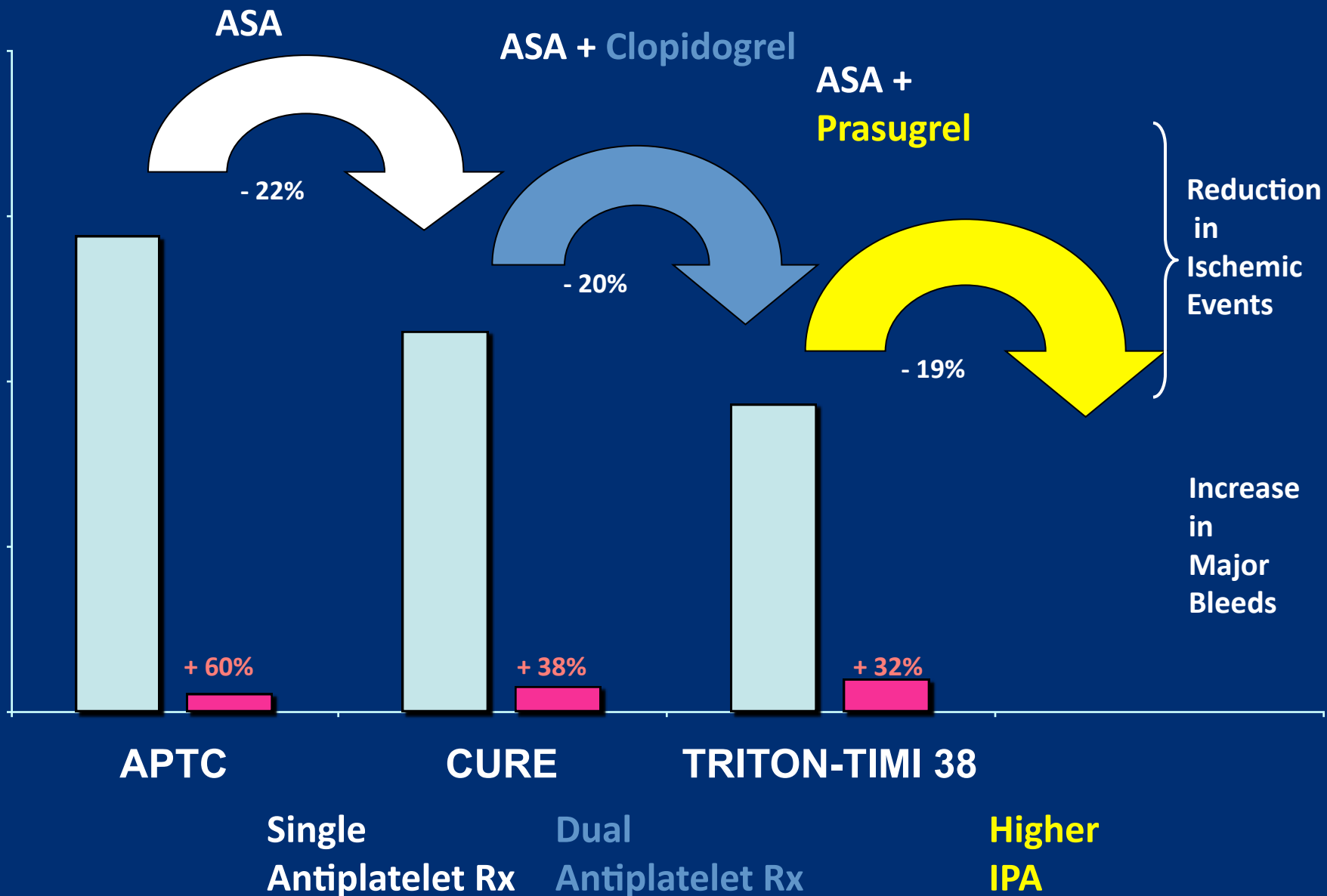




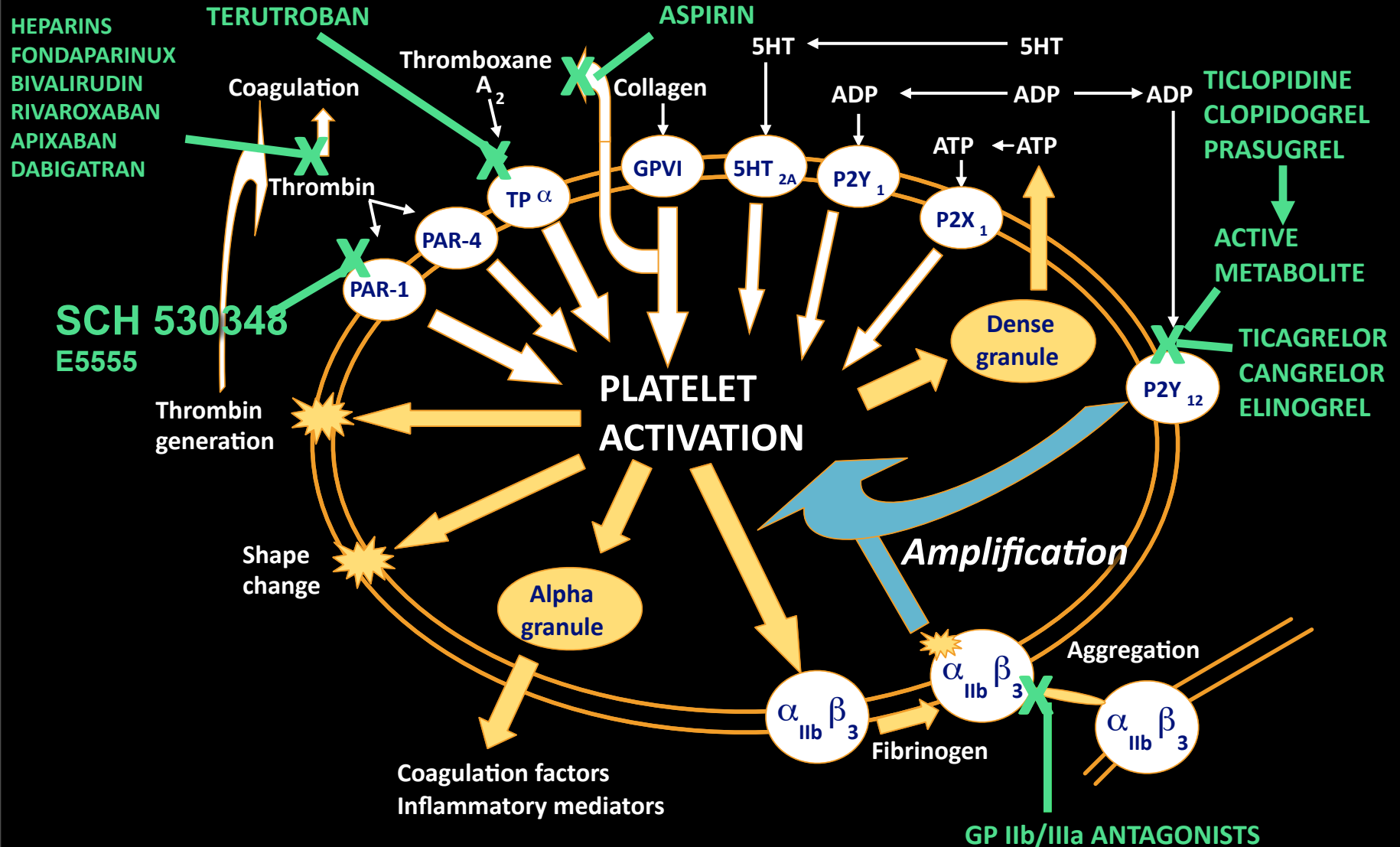
Mittwoch, 22. November 2017



Antiplatelet Therapy in ACS

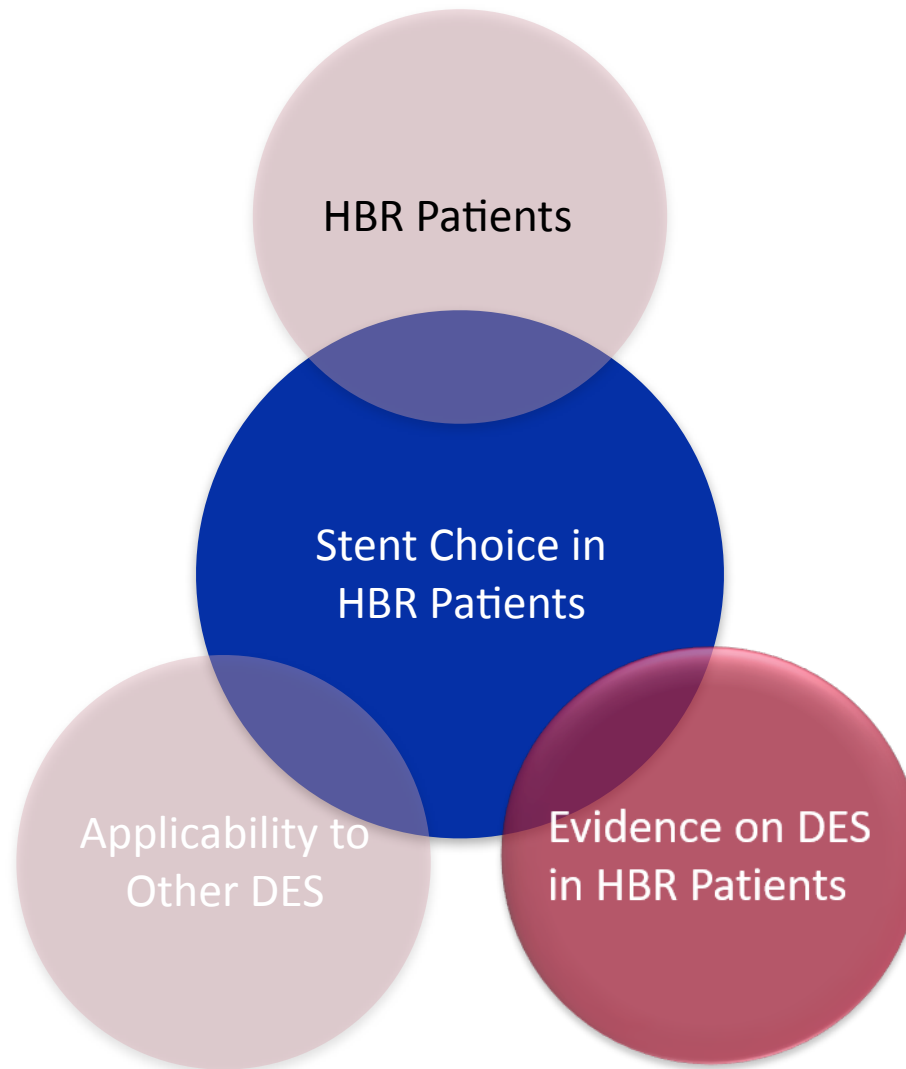


Plättcheninhibitoren

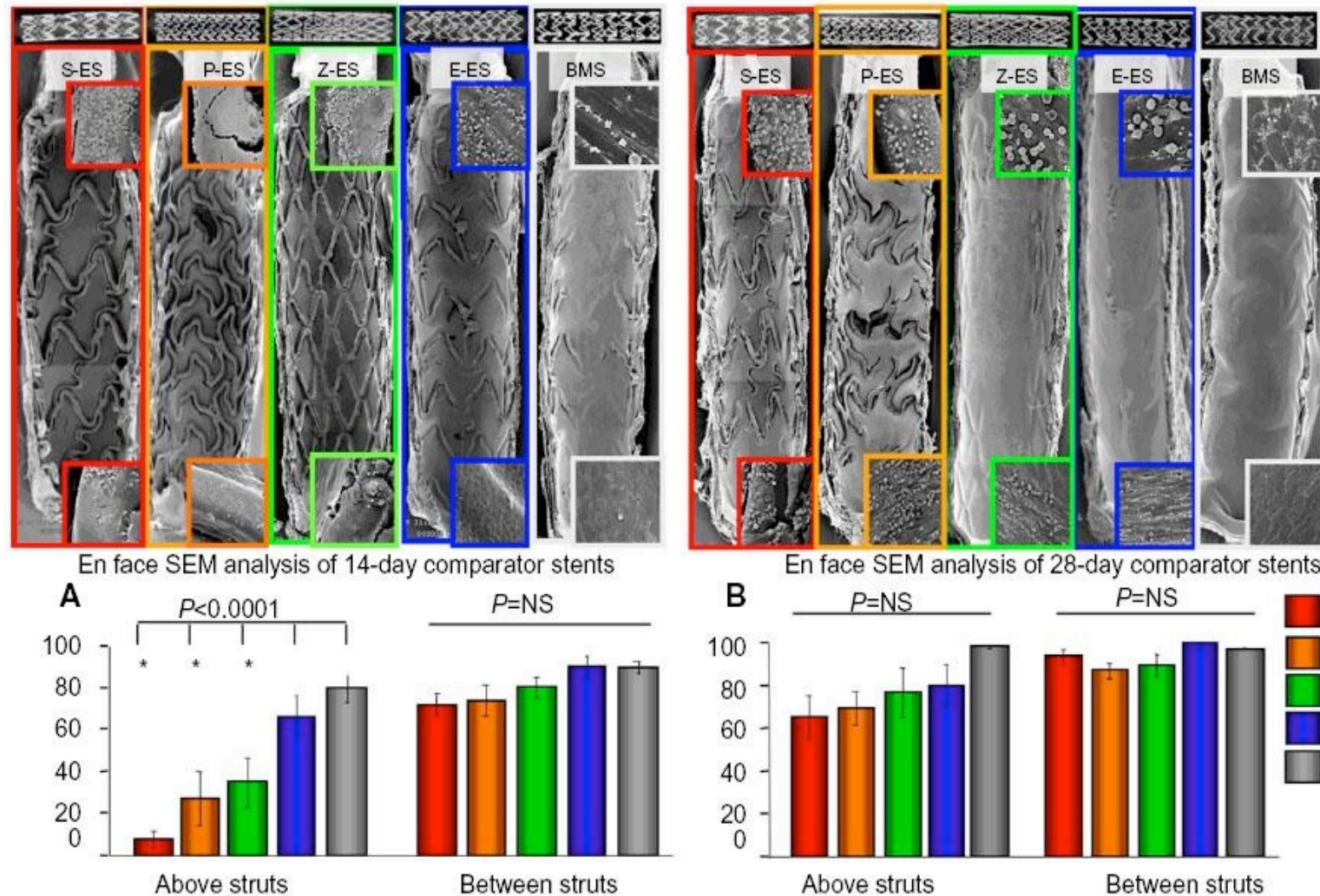


GP = glycoprotein; PAR = protease-activated receptor; TP = thromboxane A₂ / prostaglandin H₂.

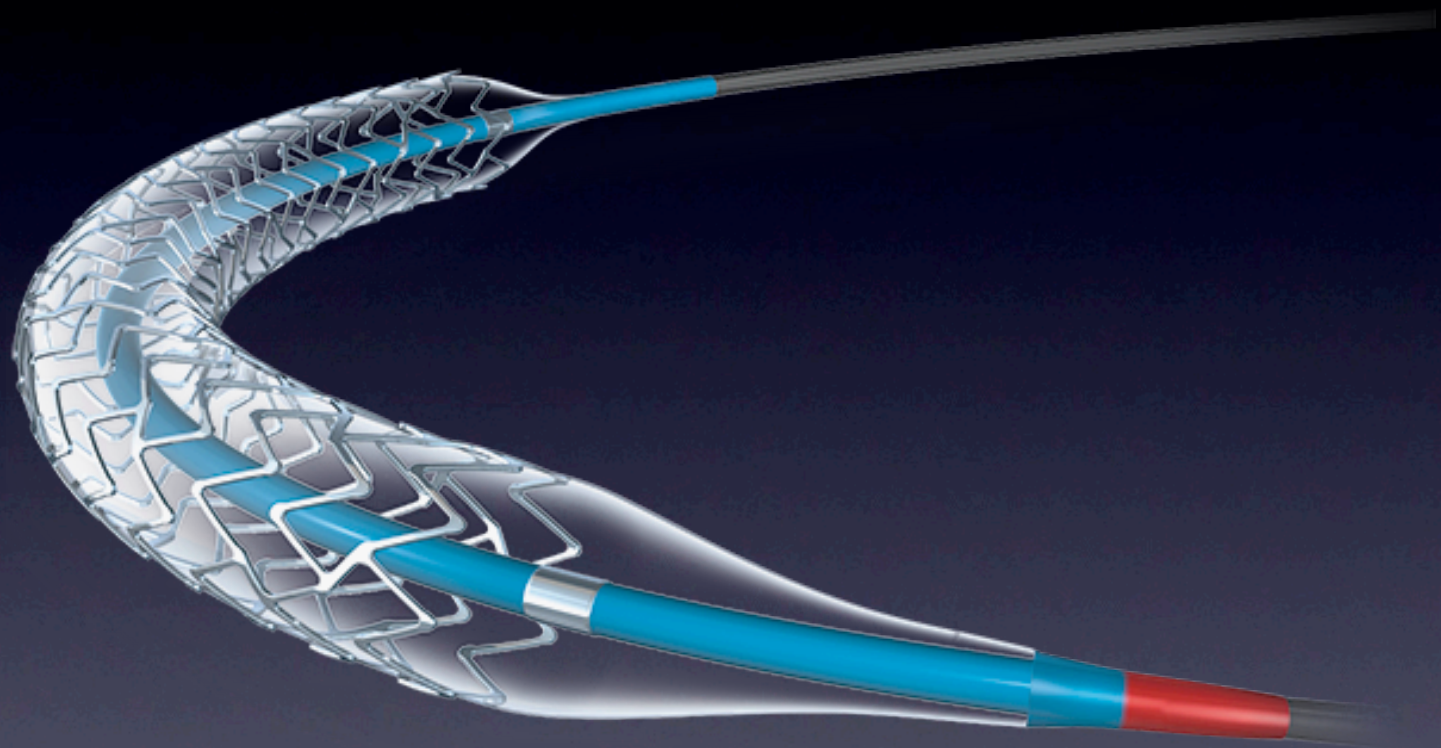
Storey RF. *Curr Pharm Des.* 2006;12:1255-1259.



DES on Endothelialisation - “stent-coverage”



“At pathology, CoCr-EES revealed less inflammation and greater strut coverage when compared to 1st Gen DES, while maintaining similar efficacy in reducing neointimal growth. Specifically, in small vessel disease, CoCr-EES have been shown to be less thrombogenic compared to 1st Gen DES.”



	Durable polymer-coated stent		Biodegradable polymer-coated stent					Polymer-free drug-eluting stent		Bioresorbable drug-eluting stent
Manufacturer	Abbott/Boston	Medtronic	Biotronic	Terumo	Translumina	Boston	Biosensors	B. Braun	Biosensors	Abbott
Name	Xience/Promus	Resolute	Orsiro	Ultimaster	Yukon Choice PC	Synergy	BioMatrix	Coroflex ISAR	BioFreedom	ABSORB
Material and drug	CoCr/PtCr-EES	CoNi-ZES	CoCr-SES	CoCr-sES	316L-SES	PtCr-EES	316L-BES	316L-SES/probucol	316L-BES	PLLA-EES
Shape										
Strut thickness	81 μm	91 μm	60 μm	80 μm	87 μm	74 μm	120 μm	65 μm	112 μm	150 μm
Coating	Circumferential			Abluminal						Circumferential

DAPT Positionspapier 2017



ESC

European Society
of Cardiology

European Heart Journal (2017) 0, 1–48

doi:10.1093/eurheartj/ehx419

ESC GUIDELINES

2017 ESC focused update on dual antiplatelet therapy in coronary artery disease developed in collaboration with EACTS

The Task Force for dual antiplatelet therapy in coronary artery disease of the European Society of Cardiology (ESC) and of the European Association for Cardio-Thoracic Surgery (EACTS)

Authors/Task Force Members: Marco Valgimigli* (Chairperson) (Switzerland), Héctor Bueno (Spain), Robert A. Byrne (Germany), Jean-Philippe Collet (France), Francesco Costa (Italy), Anders Jeppsson¹ (Sweden), Peter Jüni (Canada), Adnan Kastrati (Germany), Philippe Kolh (Belgium), Laura Mauri (USA), Gilles Montalescot (France), Franz-Josef Neumann (Germany), Mate Petricevic¹ (Croatia), Marco Roffi (Switzerland), Philippe Gabriel Steg (France), Stephan Windecker (Switzerland), and Jose Luis Zamorano (Spain)

DAPT Positionspapier 2017

	PRECISE-DAPT score ¹⁸	DAPT score ¹⁵
Time of use	At the time of coronary stenting	After 12 months of uneventful DAPT
DAPT duration strategies assessed	Short DAPT (3–6 months) vs. Standard/long DAPT (12–24 months)	Standard DAPT (12 months) vs. Long DAPT (30 months)
Score calculation ^a	HB WBC Age CrCl Prior Bleeding Score Points	Age ≥75: -2 pt 65 to <75: -1 pt <65: 0 pt Cigarette smoking: +1 pt Diabetes mellitus: +1 pt MI at presentation: +1 pt Prior PCI or prior MI: +1 pt Paclitaxel-eluting stent: +1 pt Stent diameter <3 mm: +1 pt CHF or LVEF <30%: +2 pt Vein graft stent: +2 pt
Score range	0 to 100 points	-2 to 10 points
Decision making cut-off suggested	Score ≥25 → Short DAPT Score <25 → Standard/long DAPT	Score ≥2 → Long DAPT Score <2 → Standard DAPT
Calculator	www.precisedaptscore.com	www.daptstudy.org

Haemoglobin 

unit

11.5

☒ g/dl

☐ mmol/L

Age (years)

78

White blood cells 

unit

7400

☒ u/mL

☐ $10^9/L$

Creatinine Clearance

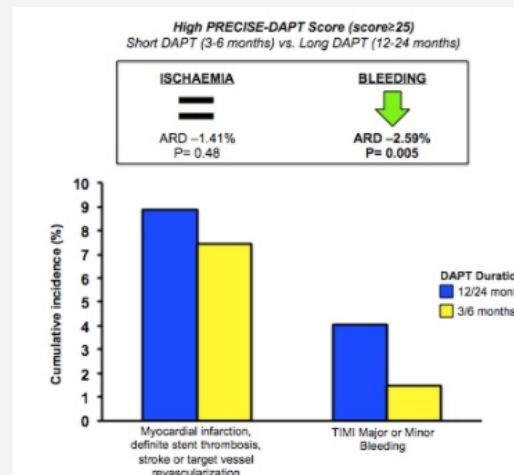
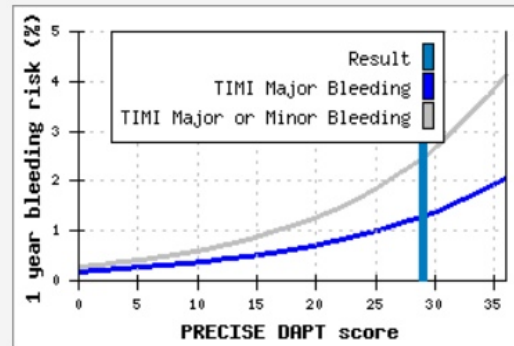
(mL/min) 

62

Prior Bleeding  ☐

CALCULATE

RESET



In patients with high PRECISE-DAPT score (Score ≥ 25) a short DAPT (3-6 months) as compared with a long DAPT (12-24 months) was associated with lower TIMI major and minor bleeding and

RESULT:

Cluster of risk:

High

Score Calculated

29

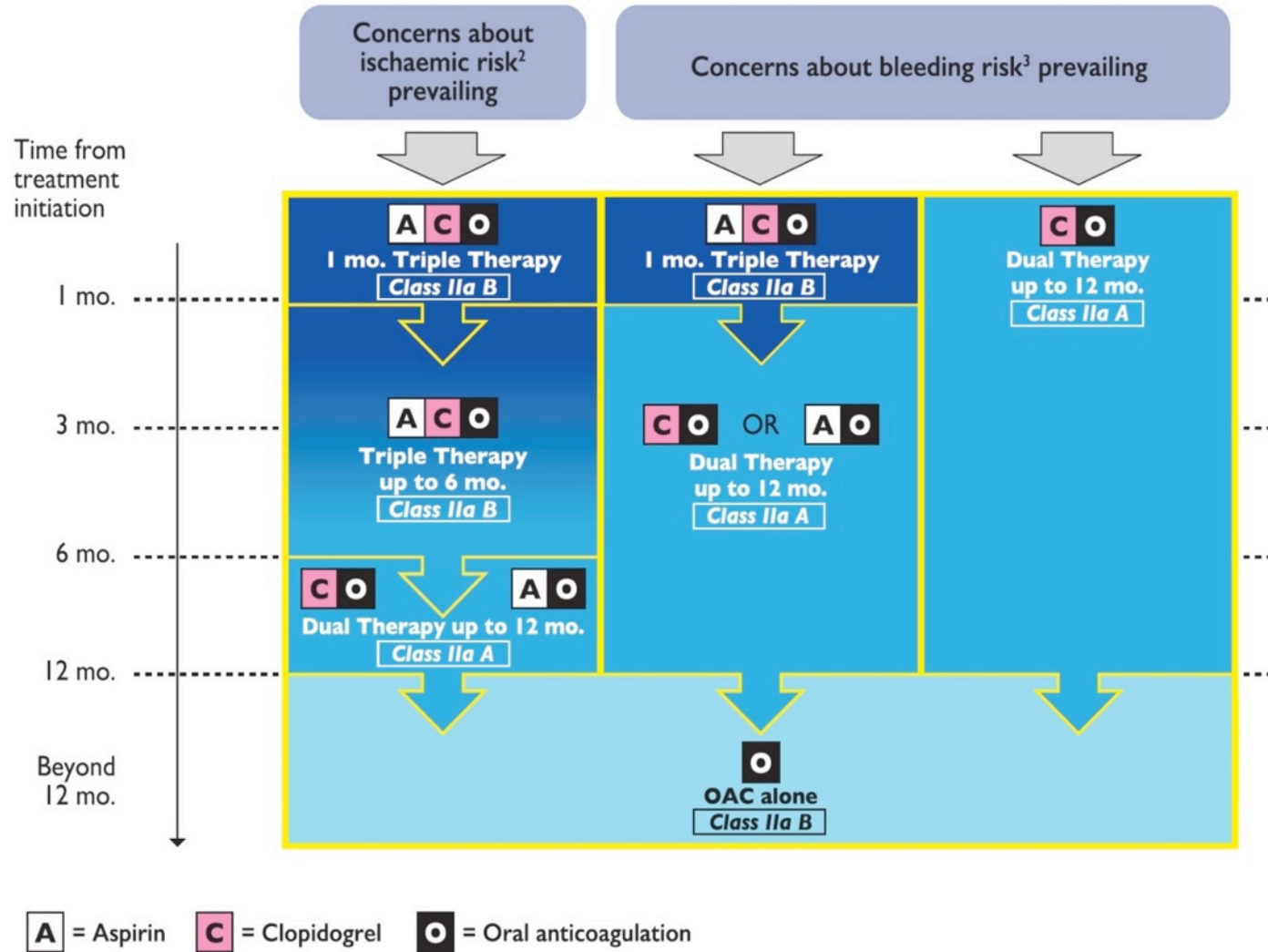
12 months risk of
TIMI major or
minor Bleeding

2.5%

12 months risk of
TIMI Major
Bleeding

1.3%

Patients with an indication for oral anticoagulation undergoing PCI¹



VORHOFFLIMMERN & ACS & STENT

- **Patient**
- **78 Jahre**
- **Hypertonie**
- **Z.n. Magenblutung**
- **Hb 11,5 g/dl**
- **Chronisches Vorhofflimmern**
- **NSTEMI ACS**
- **GFR 62 ml/min**

VORHOFFLIMMERN & ACS & STENT



VORHOFFLIMMERN & ACS & STENT

- **Woche 1-4**
 - ASS 100 mg 0/1/0
 - Clopidogrel 75 mg 1/0/0
 - Rivaroxaban 15 mg 0/0/1
- **Monat 2-12**
 - Clopidogrel 75 mg 1/0/0
 - Rivaroxaban 15 mg 0/0/1
- **Nach einem Jahr**
 - Rivaroxaban 20 mg 0/0/1



Mittwoch, 22. November 2017